

Cascade Canter 4K

5th Annual – Road Race 76 Degrees & Humid

Saturday August 19, 2006

[1 Mile results](#)

[Award Winners](#)

Overall Place	Female PL	Name	City	Age	Time	AgeGroup	PI
1st		Andy Kauder	Cedar Rapids	34	13:13.0	30-39	
2nd		Jason Meyer	Dubuque	35	13:15.5	30-39	2nd
3rd		Phil Kauder	Cascade	45	13:30.8	40-49	1st
4th		Mike Lambert	Monticello	35	14:47.6	30-39	3rd
5th		Rick Till	Dubuque	43	14:51.4	40-49	2nd
6th		Ricky Kremer	Cascade	18	15:01.1	16-18	1st
7th		Ron Smith	Dubuque	42	15:41.9	40-49	3rd
8th		Kyal Haas	Dubuque	18	16:04.4	16-18	2nd
9th		Jeff Zumbach	Manchester	43	16:24.4	40-49	4th
10th		Joe Kauder	Cascade	25	16:36.8	20-29	1st
11th		Matt Deutmeyer	Dyersville	31	16:42.8	30-39	4th
12th		Jacob Heim	Cascade	16	16:51.2	16-18	3rd
13th		Dave Farmer	Postville	49	16:58.3	40-49	5th
14th	1st	Laura Saylor	Cedar Rapids	37	17:13.6	30-39	1st
15th	2nd	Holly Cairns	Dubuque	24	17:28.5	19-29	1st
16th		Michael Leytem	Cascade	19	17:33.2	19-29	2nd
17th		Alan Gross	Des Moines	52	17:46.7	50-59	1st
18th	3rd	Carolyn Scherf	Dubuque	15	17:58.8	15&U	1st
19th	4th	Maggie Reiter	Cascade	14	18:05.2	15&U	2nd
20th		Brian Gleason	Hills	24	18:34.2	19-29	3rd
21st		Dakota Heim	Cascade	13	18:45.2	15&U	1st
22nd	5th	Sarah Corhman	Dubuque	15	18:49.9	15&U	3rd
23rd	6th	Natalie Conlon	Dubuque	15	18:57.2	15&U	4th
24th	7th	Sydney Smith	Dubuque	16	18:57.5	16-18	1st
25th	8th	Abby Potts	Asbury	16	19:05.6	16-18	2nd
26th	9th	Ariyl TRUE	Dubuque	15	19:08.3	15&U	5th
27th		Alan Reiter	Cascade	45	19:13.7	40-49	6th
28th	10th	Melissa Gehl	Cascade	14	19:15.4	15&U	6th
29th		Jeremy Kreutner	Peosta	29	19:16.3	19-29	4th
30th	11th	Kate Schmerbach	Dubuque	16	19:19.8	16-18	3rd
31st	12th	Beth Duccini	Dubuque	40	19:28.3	40-49	1st
32nd		Chad Deutmeyer	Dyersville	36	19:46.4	30-39	5th
33rd	13th	Nancy Leytem	Cascade	48	19:52.7	40-49	2nd
34th	14th	Roxanne Saberian	Dubuque	17	20:08.8	16-18	4th
35th	15th	Rachel Fisher	Cascade	15	20:16.9	15&U	7th
36th	16th	Bethany Jamison	Dubuque	16	20:29.5	16-18	5th
37th	17th	Charity Rausch	Cascade	32	20:29.7	30-39	2nd
38th	18th	Megan Simpson	Dubuque	21	21:25.5	19-29	2nd
39th	19th	Michelle Thornton	Cedar Rapids	36	21:25.8	30-39	3rd
40th	20th	Rory Smith	Durango	15	21:26.8	15&U	8th
41st	21st	Sharon Klein	Durango	39	21:27.2	30-39	4th
42nd		Kyle Brouwer	Cascade	30	21:29.3	30-39	6th
43rd	22nd	Janelle Brouwer	Cascade	31	21:32.9	30-39	5th
44th	23rd	Jennifer Hemesath	Asbury	17	21:39.2	16-18	6th
45th	24th	Paige McQueeney	Dubuque	17	21:51.5	16-18	7th
46th	25th	Sarah El-Kathib	Dubuque	16	22:00.5	16-18	8th
47th	26th	Kaitlyn Hemesath	Asbury	15	22:00.7	15&U	9th
48th	27th	Diane Deutmeyer	Dyersville	30	22:02.8	30-39	6th
49th	28th	Alyssa Neiers	Cascade	18	22:06.8	16-18	9th
50th	29th	Chaz Schmitt	Dubuque	16	22:07.5	16-18	10th
51st	30th	Brooke Wedewer	Dubuque	15	22:08.4	15&U	10th
52nd	31st	Jill Vorwald	Bernard	46	22:11.4	40-49	3rd
53rd		Jim Landis	Marion	50	22:15.3	50-59	2nd
54th	32nd	Mary Gross	Des Moines	54	22:21.9	50-59	1st
55th	33rd	Stacie Schockemoehl	Cascade	23	22:30.3	19-29	3rd
56th	34th	Mary Geisler	Dubuque	55	22:32.7	50-59	2nd
57th	35th	Kristin Buchholtz	Dubuque	16	22:36.8	16-18	11th
58th	36th	Mandy Donnelly	Dubuque	15	22:36.9	15&U	11th
59th	37th	Melissa King	Bernard	25	22:53.6	19-29	4th
60th	38th	Erin Seymour	Peosta	15	23:09.9	15&U	12th
61st	39th	Stacy Barton	Durango	14	23:11.4	15&U	13th
62nd	40th	Linda Gleason	Dubuque	53	23:11.8	50-59	3rd
63rd	41st	Andrea Brimeyer	Sherrill	17	23:16.7	16-18	12th
64th		Dick Lamermayer	Aurora, ILL	77	23:17.5	60&O	1st
65th	42nd	Anne Noonan	Cascade	49	23:49.4	40-49	4th

66th	43rd	Lauren	Herrig	Dubuque	16	24:20.9	16-18	13th
67th	44th	Audrey	Kloser	Durango	15	24:23.1	15&U	14th
68th	45th	Kelsey	Monahan	Dubuque	14	24:36.9	15&U	15th
69th	46th	Erin	Day	Anamosa	12	24:37.5	15&U	16th
70th		Jon	Day	Anamosa	43	24:38.5	40-49	7th
71st	47th	Hannah	Simpson	Dubuque	15	24:54.1	15&U	17th
72nd	48th	Erica	Floyd	Dubuque	17	25:15.4	16-18	14th
73rd	49th	Abby	Smith	Dubuque	17	25:17.5	16-18	15th
74th	50th	Peggy	Lane	Dunkerton	37	25:22.0	30-39	7th
75th	51st	Taylor	Dalsing	Dubuque	14	25:25.2	15&U	18th
76th	52nd	Anna	Smith	Dubuque	14	25:26.9	15&U	19th
77th	53rd	Megan	Herber	Dubuque	15	25:28.1	15&U	20th
78th	54th	Korey	Monahan	Dubuque	14	25:29.4	15&U	21st
79th	55th	Barb	Neiers	Cascade	44	27:31.6	40-49	5th
80th		Harold	Schulze	Cedar Rapids	70	28:05.2	60&O	2nd
81st	56th	Katie	Crawford	Dubuque	14	28:39.2	15&U	22nd
82nd	57th	Jessica	Wilson	Dubuque	14	28:39.4	15&U	23rd
83rd	58th	Rachel	Roling	Dubuque	15	29:09.8	15&U	24th
84th	59th	Melissa	Paige	Dubuque	16	29:15.9	16-18	16th
85th	60th	Kay	Leibold	Cedar Rapids	34	37:08.3	30-39	8th
86th	61st	Karen	McDermott	Cascade	41	37:08.6	40-49	6th
87th	62nd	Jan	Beecher	Cascade	46	37:10.9	40-49	7th
88th	63rd	Caitlyn	Beecher	Cascade	15	37:11.1	15&U	25th
89th	64th	Carey	Hosch	Cascade	25	37:11.3	19-29	5th
90th	65th	Shirley	Soliday	Zwingle	37	37:15.7	30-39	9th
91st		Steve	Weber	Cascade	44	37:16.3	40-49	8th
92nd		Luke	Vorwald	Bernard	14	38:35.9	15&U	2nd
93rd	66th	Dr. Judith	Biechler	Dubuque	60	39:20.3	60&O	1st

[back home](#)