

**50th Annual ALHS Cross Country Invitational - 9/7/2019****9/7/2019****Rankings****Event 2 Girls 5k Run CC Varsity**

Name	Year School	Finals	Points
1 Plummer, Mattison	Southeast Polk	19:50.70	1
2 McGowan, Magda	Southeast Polk	20:20.00	2
3 Borkowski, Lucy	Harlan	20:26.10	3
4 Francois, Jenna	Southeast Polk	20:35.60	4
5 Larkins, Grace	Southeast Polk	20:56.80	5
6 Bieker, Kaia	Harlan	21:10.90	6
7 Mullennax, Rachel	Glenwood	21:24.30	7
8 Bach, Haley	Lewis Central	21:30.40	8
9 Alberti, Abby	Harlan	21:31.60	9
10 Freund, Liv	Harlan	21:32.10	10
11 Schultz, Erin	Glenwood	21:32.50	11
12 Calhoun, Chloe	Le Mars Community	21:33.70	12
13 Albertson, Abi	Harlan	21:36.80	13
14 Mitchell, Jacie	Southeast Polk	21:39.30	14
15 Clement, Natalie	Southeast Polk	21:43.10	15
16 VanBaale, Brecken	Harlan	21:45.20	16
17 Brester, Halle	Sergeant-Blu	21:52.50	17
18 Miller, Claire	Denison	21:53.90	18
19 Hill, Tarryn	Southeast Polk	21:59.50	19
20 Hughes, Emma	Glenwood	22:16.60	20
21 Karras, Sophia	Sergeant-Blu	22:17.00	21
22 Anderson, Olivia	Harlan	22:33.40	22
23 Albrecht, Kara	Le Mars Community	22:39.10	23
24 Black, Chloe	Sergeant-Blu	22:43.90	24
25 McKeever, Carly	St Albert HS	22:46.60	
26 Weise, Riley	Glenwood	23:02.70	25
27 Heilesen, Moriah	Alhs	23:05.80	26
28 Nebel, Riley	Glenwood	23:15.50	27
29 Meis, Sarah	Le Mars Community	23:31.90	28
30 Smith, Natalie	Lewis Central	23:42.40	29
31 Miller, Suzie	Cbtj	23:44.10	30
32 Laureano, Leila	Sergeant-Blu	23:45.70	31
33 Washburn, Paige	Le Mars Community	23:48.80	32
34 Brester, Ella	Sergeant-Blu	23:52.80	33
35 Becker, Lauren	Glenwood	23:52.90	34
36 McNeal, Ava	Lewis Central	23:57.50	35
37 Harstad, Mackenzie	Cbtj	24:00.40	36
38 Becker, Michele	Sergeant-Blu	24:01.70	37
39 Garrett, Linkynn	Sergeant-Blu	24:06.70	38
40 Ramos, Jasmine	Cbtj	24:10.60	39
41 Chamberlain, Emily	Le Mars Community	24:16.10	40
42 Raymond, Karlee	Glenwood	24:21.60	41
43 Cunningham, Katie	Le Mars Community	24:24.80	42
44 Harold, Katie	Alhs	24:34.60	43
45 Boruff, Bre	Missouri Valley	24:40.00	
46 Christianson, Emma	Lewis Central	24:44.30	44
47 Humlicek, Ella	Lewis Central	24:52.10	45
48 Plummer, Clare	Alhs	25:12.60	46
49 Preston, Nora	Alhs	25:13.20	47
50 Barajas, Juliana	Denison	25:16.00	48
51 Lara, Ana	Denison	25:37.50	49
52 Hasbrouck, Jacyie	Alhs	25:43.80	50



**50th Annual ALHS Cross Country Invitational - 9/7/2019****9/7/2019****Rankings****Event 3 Boys 5k Run CC Varsity**

Name	Year School	Finals	Points
1 Booton, Aidan	Cbtj	16:57.70	1
2 Heisterkamp, Bennett	St Albert HS	17:05.20	2
3 Gross, Trey	Harlan	17:14.80	3
4 Gilo, Wimach	Cbtj	17:16.80	4
5 Martinez, Juan	Cbtj	17:34.10	5
6 Lancial, Connor	Lewis Central	17:41.20	6
7 Hornberg, Steven	Abraham Lincoln	17:56.90	7
8 Woltmann, Cael	Lewis Central	18:11.80	8
9 Sell, Nathan	Lewis Central	18:16.10	9
10 Tellander, Camden	Abraham Lincoln	18:23.50	10
11 Munch, Brennon	Harlan	18:28.90	11
12 Rodriguez, Carlos	Sergeant-Blu	18:33.30	12
13 Belt, Gage	Cbtj	18:44.10	13
14 Sudtelgte, Jason	Le Mars	18:51.00	14
15 Shoulders, Ty	Sergeant-Blu	18:59.90	15
16 Lillie, Colin	St Albert HS	19:00.10	16
17 Flores, Leo	Denison	19:00.80	17
18 Ledesma, Ricky	Denison	19:03.20	18
19 Bryan, Isaac	Sergeant-Blu	19:04.40	19
20 Hulinsky, Ethan	Le Mars	19:04.90	20
21 Piskorski, Hady	St Albert HS	19:14.30	21
22 Jones, Isaac	Harlan	19:16.40	22
23 Muller, Nick	Sergeant-Blu	19:22.90	23
24 Dahm, Logan	Denison	19:25.20	24
25 Gamble, Hayden	Sergeant-Blu	19:27.10	25
26 Gilpin, Cody	Missouri Valley	19:28.10	26
27 Hughes, Ryan	St Albert HS	19:28.30	27
28 Sudtelgte, Jackson	Le Mars	19:29.00	28
29 Rueschenberg, Mitchell	Harlan	19:30.90	29
30 Sell, Josh	Lewis Central	19:36.90	30
31 Johnson, Colton	Denison	19:39.80	31
32 Wingert, Kaden	Le Mars	19:43.80	32
33 Aguilar, Alex	Cbtj	19:44.60	33
34 Ryba, Hunter	Cbtj	19:45.60	34
35 Fitch, Lucas	Abraham Lincoln	19:51.50	35
36 Jones, Makosa	Abraham Lincoln	19:59.00	36
37 Carlson, Cole	Denison	20:01.20	37
38 Edwards, Ethan	Lewis Central	20:02.90	38
39 Higgins, Tanner	Lewis Central	20:05.10	39
40 Milliken, Kaiden	Harlan	20:10.00	40
41 Herbst, Kyle	Le Mars	20:11.10	41
42 Odwyer, Jacob	Le Mars	20:13.50	42
43 Allen, Mason	Cbtj	20:26.40	43
44 Gutzmer, Will	Missouri Valley	20:28.80	44
45 Ahrenholtz, Josh	Denison	20:33.70	45
46 Leinen, Ethan	Abraham Lincoln	20:35.60	46
47 Boardman, Reed	Harlan	20:50.10	47
48 Gross, Dalton	Harlan	20:52.00	48
49 Toledo, Brandon	Abraham Lincoln	20:57.10	49
50 Hustak, Jackson	Missouri Valley	21:01.30	50
51 Denny, Adam	St Albert HS	21:15.00	51
52 Ryan, Jude	Abraham Lincoln	21:16.60	52



**50th Annual ALHS Cross Country Invitational - 9/7/2019****9/7/2019****Rankings****Event 1 Girls 5k Run CC Junior Varsity**

Name	Year School	Finals	Points
1 Bueltel, Emily	Southeast Polk	22:37.00	1
2 Wicks, Raegan	Harlan	22:46.80	2
3 Gross, Ellie	Harlan	22:47.30	3
4 Baerenwald, Katie	Southeast Polk	23:31.70	4
5 Mendoza, Jasmin	Southeast Polk	23:55.20	5
6 Mills, Kennady	Southeast Polk	24:04.50	6
7 Kaster, Ania	Harlan	24:05.40	7
8 Hollingshead, Paige	Southeast Polk	24:11.40	8
9 Schutte, Quinn	Southeast Polk	24:15.60	9
10 Howard, Logan	Sergeant-Blu	24:24.30	10
11 McNeeley, Sydney	Southeast Polk	24:27.70	11
12 Aymar, Katherine	Sergeant-Blu	24:28.30	12
13 Ryan, Jenna	Sergeant-Blu	24:38.00	13
14 Burchett, Makayla	Harlan	24:44.00	14
15 Carnes, Kaitlyn	Glenwood	24:44.80	
16 Heithoff, Kate	Harlan	24:52.80	15
17 Cole, Julia	Southeast Polk	24:54.70	
18 Streck, Ashley	Sergeant-Blu	24:57.80	16
19 Buss, Chloe	Sergeant-Blu	25:01.90	17
20 Hartz, Gretta	Southeast Polk	25:03.20	
21 Willeford, Gwen	Southeast Polk	25:10.20	
22 Vorwerk, Meredith	Southeast Polk	25:12.60	
23 Phipps, Carly	Southeast Polk	25:26.10	
24 Griffin, Emerson	Glenwood	25:27.30	
25 Hipnar, Ashley	Alhs	25:30.10	18
26 Metzger, Lilly	Harlan	25:36.90	19
27 Ryan, Gabby	Sergeant-Blu	25:37.60	20
28 Curren, Ally	Harlan	25:38.60	21
29 Cheung, Jessie	Southeast Polk	25:42.20	
30 Allen, Haley	Cbtj	25:43.00	22
31 Rodriguez, Dani	Sergeant-Blu	25:48.00	23
32 Cain, Bella	Alhs	25:48.30	24
33 Elam, Megan	Lewis Central	26:05.90	25
34 Silvius, Maya	Glenwood	26:08.10	
35 Nelson, Brooklyn	Southeast Polk	26:16.70	
36 Ritz, Addison	Sergeant-Blu	26:16.80	
37 Wink, Lillie	Lewis Central	26:26.70	26
38 Miller, Rylea	Southeast Polk	26:30.70	
39 Gunderson, Olivia	Denison	26:32.90	27
40 Richardsen, Kylie	Alhs	26:33.70	28
41 Widjaja, Abigail	Sergeant-Blu	26:48.80	
42 Whitten, Jacie	Southeast Polk	26:54.30	
43 Rickabaugh, Cassie	Southeast Polk	27:01.60	
44 King, Sarah	Alhs	27:02.00	29
45 Scott, Ella	Southeast Polk	27:04.00	
46 Iglesias, Jazmyn	Denison	27:06.20	30
47 Burgett, Isabella	Lewis Central	27:10.70	31
48 Rangel, Jennifer	Alhs	27:12.00	32
49 Pacheco, Stephanie	Cbtj	27:19.60	33
50 Smith, Aly	Alhs	27:25.50	34
51 Bowker, Lauren	Denison	27:30.50	35
52 Phipps, Claudia	Southeast Polk	27:33.70	

**50th Annual ALHS Cross Country Invitational - 9/7/2019****9/7/2019****Rankings****...Event 1 Girls 5k Run CC Junior Varsity**

53 Skatges, Alyssa	Sergeant-Blu	27:33.70	
54 Schoening, Gracie	Alhs	27:34.50	36
55 Strickland, Julia	Southeast Polk	27:36.90	
56 McGriff, Kaitlyn	Southeast Polk	27:44.30	
57 Denman, Aili Ann	Sergeant-Blu	27:44.60	
58 Nicholson, Randi	Southeast Polk	28:07.20	
59 Sale, Katelyn	Sergeant-Blu	28:12.50	
60 Neville, Athena	Cbtj	28:13.30	37
61 Loffswold, Sophie	Sergeant-Blu	28:14.20	
62 Pottebaum, Katie	Southeast Polk	28:15.00	
63 Olsen, Abbie	Alhs	28:21.20	
64 Olsen, Cabria	Southeast Polk	28:31.70	
65 Beall-Overgard, Jessica	Lewis Central	28:32.90	38
66 Leeper, Chloe	Southeast Polk	28:33.20	
67 McHugh-Hoskins, Riley	Sergeant-Blu	28:38.30	
68 Yancy, Krista	Cbtj	28:48.80	39
69 Lucas, Lauren	Sergeant-Blu	28:49.10	
70 Buzzard, Jillian	Lewis Central	29:02.10	40
71 Brown, Eliana	Alhs	29:10.80	
72 Fehl, Alexis	Sergeant-Blu	29:14.20	
73 Smith, Lexi	Cbtj	29:18.60	41
74 Martin, Amy	Cbtj	29:33.30	42
75 Wathen, Kelsey	Alhs	29:35.80	
76 Williams, Kadence	Southeast Polk	29:48.90	
77 Cerda, Keila	Southeast Polk	29:57.30	
78 Buthe, Kamry	Alhs	30:01.80	
79 Rosas, Amirah	Alhs	30:06.50	
80 Herzog, Khloe	Alhs	30:43.30	
81 Witt, Tana	Alhs	31:16.40	
82 Meyer, Olivia	Denison	31:26.70	43
83 Kohl, Casey	Harlan	31:29.70	
84 Lippert, Alexis	Alhs	31:33.90	
85 Perkins, Sierra	Sergeant-Blu	31:45.60	
86 Meier, Karlee	Glenwood	31:47.20	
87 Fink, Alison	Denison	31:47.70	44
88 Turner, Lucy	Alhs	32:16.90	
89 Ramos, Ximena	Denison	33:02.50	45
90 Roque, Linda	Cbtj	34:14.10	46
91 Olivera, Daisy	Denison	34:21.50	47
92 Dross, Tali	Cbtj	34:50.00	
93 Kindred, Rilee	Alhs	34:50.10	
94 Milstead, Arlette	Alhs	35:41.50	
95 Moran, Nathaila	Denison	36:44.80	
96 Humlicek, Kylie	Denison	36:46.70	
97 Carter, Chloe	Alhs	40:18.90	

**50th Annual ALHS Cross Country Invitational - 9/7/2019**

**9/7/2019**

**Rankings**

**....Event 1 Girls 5k Run CC Junior Varsity**

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Southeast Polk Total Time: 1:58:19.80 Average: 23:39.96	24	1	4	5	6	8	9	11		
2	Harlan Total Time: 1:59:16.30 Average: 23:51.26	41	2	3	7	14	15	19	21		
3	Sergeant-Bluff Luton Total Time: 2:03:30.30 Average: 24:42.06	68	10	12	13	16	17	20	23		
4	Alhs Total Time: 2:12:06.10 Average: 26:25.22	131	18	24	28	29	32	34	36		
5	Lewis Central Total Time: 2:17:18.30 Average: 27:27.66	160	25	26	31	38	40				
6	Cbtj Total Time: 2:19:23.30 Average: 27:52.66	172	22	33	37	39	41	42	46		
7	Denison Total Time: 2:24:24.00 Average: 28:52.80	179	27	30	35	43	44	45	47		

**50th Annual ALHS Cross Country Invitational - 9/7/2019****9/7/2019****Rankings****Event 4 Boys 5k Run CC Junior Varsity**

Name	Year School	Finals	Points
1 Milner, Evan	Cbtj	20:31.70	1
2 McDaniel, Trey	Cbtj	20:36.90	2
3 Stangeland, Carter	Lewis Central	20:42.70	3
4 Churchill, Jonah	Lewis Central	20:45.30	4
5 Foster, Matt	Cbtj	20:51.20	5
6 Godbout, Brenden	Glenwood	20:52.00	6
7 Santacruz, Adrian	Cbtj	20:57.90	7
8 Patzer, Sawyer	Glenwood	20:58.80	8
9 Blake, James	Sergeant-Blu	20:59.60	9
10 Vallin, Emmanuel	Cbtj	21:03.60	10
11 Collett, Zane	St Albert HS	21:06.40	11
12 McDaniel, Zachary	Lewis Central	21:10.40	12
13 Lopez, Kevin	Denison	21:14.40	13
14 Mosqueda, Alexis	Cbtj	21:14.90	14
15 Schaben, Carter	Glenwood	21:15.10	15
16 Healy, Austin	Sergeant-Blu	21:17.60	16
17 Gast, Alex	St Albert HS	21:24.80	17
18 Koletzke, Chase	Cbtj	21:28.20	18
19 Presley, Adison	Glenwood	21:31.10	19
20 Pearson, Kayden	Lewis Central	21:37.40	20
21 Clayton, Adam	Glenwood	21:37.50	21
22 Volentine, Joey	Lewis Central	21:43.00	22
23 Lora, Sebastian	Denison	21:44.40	23
24 Thomson, Ty	Lewis Central	21:46.10	24
25 Griffin, Jackson	Glenwood	21:46.90	25
26 Markuson, Mark	Cbtj	21:52.00	
27 Williams, Zach	St Albert HS	21:52.50	26
28 Fredericks, Dalton	Denison	21:53.80	27
29 Arculeo, Vince	St Albert HS	21:56.10	28
30 Hamilton, Jacob	Lewis Central	21:57.80	29
31 Pregon, Dalton	Abraham Lincoln	21:58.80	30
32 Hedrick, D'Mitre	Cbtj	21:58.80	
33 Shannon, Jake	Glenwood	22:07.00	31
34 Rang, Kaiden	Glenwood	22:08.90	
35 McGregor, Nolan	Sergeant-Blu	22:09.80	32
36 Soriano, Roi	Cbtj	22:09.90	
37 Schaap, Dylon	Sergeant-Blu	22:11.10	33
38 Wilson, CJ	Lewis Central	22:11.90	
39 Kavars, Jack	Lewis Central	22:13.30	
40 Anderson, Seth	Harlan	22:16.30	34
41 Slack, Mason	Cbtj	22:20.50	
42 McDanel, Jonathan	Glenwood	22:21.00	
43 Vodicka, Dominick	Cbtj	22:23.80	
44 Castellanos, Esteban	Denison	22:28.70	35
45 Garcia, Alex	Denison	22:31.60	36
46 Scott, Nic	Sergeant-Blu	22:32.00	37
47 Anderson, Jaxton	Lewis Central	22:32.60	
48 Ibarra, Brian	Denison	22:34.20	38
49 Dirksen, Emmet	Sergeant-Blu	22:35.00	39
50 King, Conner	Glenwood	22:44.50	
51 Richardson, Keason	Abraham Lincoln	22:46.20	40
52 Allen, Quentin	Lewis Central	22:48.30	



**50th Annual ALHS Cross Country Invitational - 9/7/2019****9/7/2019****Rankings****...Event 4 Boys 5k Run CC Junior Varsity**

53 Shoemaker, Matt	Lewis Central	22:50.90	
54 Russell, Erik	Glenwood	22:55.60	
55 Hinsley, Tyler	Lewis Central	22:57.10	
56 Klitgaard, Jack	Harlan	23:01.00	41
57 Burney, Aaron	Cbtj	23:02.70	
58 Mahoney, Niall	Harlan	23:05.40	42
59 Fuller, Logan	Lewis Central	23:06.30	
60 Johannes, Nathan	Abraham Lincoln	23:06.80	43
61 Tran, Tony	Cbtj	23:07.80	
62 Kindred, Daxon	Abraham Lincoln	23:08.00	44
63 Ruhaak, Alex	Lewis Central	23:09.70	
64 Perrien, Ethan	Denison	23:12.00	45
65 Wilkening, Cooper	Lewis Central	23:13.10	
66 Funk, Trenton	Abraham Lincoln	23:15.70	46
67 Kellin, Braden	Cbtj	23:36.20	
68 Becker, Merric	Abraham Lincoln	23:39.40	47
69 Gillespie, Carson	Lewis Central	23:53.60	
70 Dillavou, Andon	Sergeant-Blu	23:59.00	48
71 Sutter, Brandon	Lewis Central	24:00.80	
72 Ericksen, Cam	Abraham Lincoln	24:00.90	49
73 Kluver, David	Harlan	24:04.40	50
74 Lorson, Ian	Glenwood	24:15.20	
75 White, Drew	Lewis Central	24:23.10	
76 Dillavou, Jherek	Sergeant-Blu	24:26.00	
77 Bowker, Reed	Denison	24:31.30	
78 Campbell, Caleb	Lewis Central	24:31.30	
79 Krajicek, Kaiden	Denison	24:31.50	
80 Lee, Nick	St Albert HS	24:40.60	51
81 Barradas, Luis	Lewis Central	24:44.40	
82 Colburn, Abe	Abraham Lincoln	24:49.40	
83 Wells, Tyler	Glenwood	24:56.70	
84 Johnson, Justin	Sergeant-Blu	25:06.20	
85 Haider, Mickey	Sergeant-Blu	25:06.90	
86 Chaudhari, Om	Lewis Central	25:07.90	
87 Marchand, Judd	Sergeant-Blu	25:30.90	
88 Phippen, Hayden	Lewis Central	25:33.80	
89 Neville, Asa	Cbtj	25:47.20	
90 Johnson, Broedy	Lewis Central	26:00.70	
91 Schleimer, Griffin	Harlan	26:01.70	52
92 McQueen, Alex	Glenwood	26:34.50	
93 Lotenschtein, Jackson	Harlan	27:04.80	53
94 King, Charlie	Lewis Central	27:04.90	
95 Hsee, Poe	Cbtj	27:31.00	
96 Barrett, Brenden	Abraham Lincoln	28:00.00	
97 Barros, Nicholas	Abraham Lincoln	29:12.50	
98 Coenen, Lucas	Harlan	29:28.10	54
99 Ibar, Amer	Cbtj	29:37.00	
100 McDowell, Quentin	Harlan	29:47.10	
101 Kearney, Devin	Harlan	29:51.70	
102 Rodriguez, Max	Denison	31:12.20	
103 Hernandez, Oscar	Denison	31:32.40	

