

Woodbury Central Cross Country Invitational
Meadows Golf Course
Moville, Iowa
Tuesday, September 11, 2008

Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Sioux City East	30	1	2	6	10	11	14	22	1:48:13.80	21:38.76
2	Woodbury Cent-KP	36	3	4	7	9	13	18	19	1:50:54.90	22:10.98
3	Sgt Bluff	67	5	8	15	16	23	24	29	1:54:46.77	22:57.36
4	Sioux City North	137	17	21	26	36	37	38		2:04:30.71	24:54.15
5	Lawton Bronson	140	12	25	30	34	39	44	50	2:04:20.03	24:52.01
6	Elk Point Jefferson	173	20	27	31	42	53			2:11:49.08	26:21.82
7	West Monona	216	32	33	43	51	57			2:23:25.90	28:41.18
8	West Harrison	219	40	41	45	46	47	48	52	2:18:11.39	27:38.28
9	Maple Valley - Anthon-O	221	28	35	49	54	55	56		2:24:07.32	28:49.47

Varsity Girls Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Downs, Kaia	9	Sioux City East	19:42.16	1
2	Phillips, Karlee	11	Sioux City East	21:30.58	2
3	Kuntz, Erika	9	Woodbury Cent-KP	21:34.24	3
4	Hamman, Sarahy	9	Woodbury Cent-KP	21:52.29	4
5	Laureano, Leila	11	Sgt Bluff	22:00.71	5
6	Helt, Sydney	9	Sioux City East	22:05.16	6
7	Putze, Mary	10	Woodbury Cent-KP	22:14.86	7
8	Black, Chloe	11	Sgt Bluff	22:17.44	8
9	Putze, Sarah	10	Woodbury Cent-KP	22:20.44	9
10	Barnes, Olivia	11	Sioux City East	22:23.35	10
11	Lammers, Katie	10	Sioux City East	22:32.55	11
12	Teager, Lilly	11	Lawton Bronson	22:43.16	12
13	Cameron, Kalyn	10	Woodbury Cent-KP	22:53.07	13
14	Goth, Kaitlyn	11	Mmc-Ru	23:00.35	
15	Steele, Emma	9	Sioux City East	23:10.41	14
16	Garrett, Linkynn	10	Sgt Bluff	23:13.71	15
17	Hazuka, Sabrina	9	Sgt Bluff	23:16.92	16
18	Phillips, Brenda	12	Sioux City North	23:24.98	17
19	Archer, Makayla	10	Woodbury Cent-KP	23:26.92	18
20	Countryman, Lynsey	9	Woodbury Cent-KP	23:37.50	19
21	Stark, Heather		Elk Point-Jeff	23:48.79	20
22	Guevara, Elena	10	Sioux City North	23:51.48	21
23	Mercural, Lily	11	Sioux City East	23:52.85	22
24	Ryan, Jenna	10	Sgt Bluff	23:57.99	23
25	Aymar, Katherine	10	Sgt Bluff	23:59.17	24
26	Weber, Addison	11	Gehlen Catholic	24:02.47	
27	McKenna, Bailey	11	Lawton Bronson	24:07.66	25
28	Zubrod, Hannah	9	Gehlen Catholic	24:12.56	
29	Walters, Jaycelyn	12	Sioux City North	24:15.28	26
30	Stark, Robin		Elk Point-Jeff	24:27.95	27

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31	Weber, Lexi	11	Mvaocou	24:33.56	28
32	Skatges, Alyssa	11	Sgt Bluff	24:43.44	29
33	Harris, Sloane	12	Lawton Bronson	24:55.61	30
34	Stark, Madison		Elk Point-Jeff	25:09.29	31
35	McClure, Trinity	10	Whiting	25:15.85	
36	Ross, Madison	10	West Monona	25:31.03	32
37	Sitzmann, Patricia	10	Gehlen Catholic	25:48.30	
38	Martinez, Enya	11	West Monona	25:49.35	33
39	Reinke, Elise	12	Lawton Bronson	25:51.45	34
40	Brenner, Cameron	11	Mvaocou	26:27.20	35
41	Kopp, Megan	9	Sioux City North	26:28.15	36
42	Feiges, Isobel	11	Sioux City North	26:30.82	37
43	Kennedy, Lizzy	12	Hinton	26:31.52	
44	Hancock, Aphraditie	9	Sioux City North	26:37.16	38
45	Hageman, Hannah	9	Lawton Bronson	26:42.15	39
46	Wallis, Sage	9	West Harrison	26:56.45	40
47	Peasley, Kali	9	West Harrison	26:59.60	41
48	Davis, Callie		Elk Point-Jeff	27:00.54	42
49	Davis, Courtney	10	West Monona	27:01.46	43
50	Rohan, Lillie	10	Lawton Bronson	27:26.73	44
51	Rife, Sabrina	11	West Harrison	27:39.22	45
52	Meyers, Kirsten	11	Whiting	27:52.36	
53	Zubrod, Melinda	12	Gehlen Catholic	28:02.77	
54	Jaeckel, Brilee	12	West Harrison	28:05.79	46
55	Siegfried, Savannah	9	Westwood	28:18.49	
56	Kraft, Jayden	11	West Harrison	28:30.33	47
57	Lewis, Kasey	12	West Harrison	29:47.55	48
58	Van Den Brand, Meike	11	Mvaocou	29:48.98	49
59	O'Neill, Reegan	9	Lawton Bronson	29:52.46	50
60	Brandt, Kailyn	9	West Monona	30:16.89	51
61	Palmero, Beatriz	10	West Harrison	30:24.47	52
62	Kafton, Madison	12	Westwood	30:45.17	
63	Scarmon, Emma		Elk Point-Jeff	31:22.51	53
64	Sisco, Lindsey	11	Mvaocou	31:32.24	54
65	Jessen, Zoe	11	Mvaocou	31:45.33	55
66	Trucke, Emily	10	Mvaocou	33:46.10	56
67	Mohr, MacKenzie	12	West Monona	34:47.17	57
68	Bennett, Sapphire	9	Whiting	39:13.76	

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Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Sgt Bluff	34	2	5	7	8	12	13	16	1:30:36.47	18:07.30
2	Sioux City North	41	3	4	9	10	15	18	19	1:31:14.15	18:14.83
3	Sioux City East	109	11	20	24	26	28	29	40	1:37:54.17	19:34.84
4	Gehlen Catholic	132	1	17	25	38	51	52		1:41:57.78	20:23.56
5	Siouxland Christian	133	6	23	27	34	43	48		1:41:51.44	20:22.29
6	Lawton Bronson	174	21	31	37	39	46	47	53	1:47:22.40	21:28.48
7	Hinton	177	14	32	33	41	57			1:48:09.68	21:37.94
8	Elk Point Jefferson	223	22	36	49	56	60			1:55:28.18	23:05.64
9	Whiting	237	35	42	44	54	62			2:00:03.18	24:00.64
10	West Monona	238	30	45	50	55	58	59	61	1:56:42.60	23:20.52

Varsity Boys Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Roder, Will	11	Gehlen Catholic	17:10.16	1
2	Blake, Dylan	11	Mvaocou	17:38.51	
3	Shoulders, Ty	10	Sgt Bluff	17:55.84	2
4	Pace, Deven	12	Sioux City North	17:58.56	3
5	Benson, Luke	12	Sioux City North	18:00.84	4
6	Ritz, East on	12	Sgt Bluff	18:01.87	5
7	Brannon, Eric	10	Siouxland	18:03.42	6
8	Muller, Nick	10	Sgt Bluff	18:04.86	7
9	Hofer, Payden	12	Sgt Bluff	18:05.12	8
10	Walters, Nick	10	Sioux City North	18:05.29	9
11	South, Dakota	12	Sioux City North	18:10.88	10
12	Vakulskas, Jake	12	Sioux City East	18:16.83	11
13	Marksbury, Drew	12	Sgt Bluff	18:28.78	12
14	Hannemann, Gabe	12	Sgt Bluff	18:43.48	13
15	DeMoss, Dylan	12	Hinton	18:43.96	14
16	Aman, Issa	10	Sioux City North	18:58.58	15
17	Rodriguez, Carlos	9	Sgt Bluff	18:59.03	16
18	Beeson, Weston	11	Mvaocou	19:00.01	
19	Augustine, Jeff	10	Gehlen Catholic	19:02.50	17
20	Burrack, Owen	10	Sioux City North	19:06.03	18
21	Sorenson, Ethan	12	Sioux City North	19:18.46	19
22	Greigg, Kevin	11	Sioux City East	19:21.79	20
23	Ashley, Aziah	9	Lawton Bronson	19:27.91	21
24	Kneip, Casey		Elk Point-Jeff	19:28.35	22
25	Gertz, Nathan	9	Siouxland	19:36.37	23
26	Jessen, Tristen	9	Woodbury Cent-KP	19:40.55	
27	Harris, Craig	11	Sioux City East	19:45.88	24
28	Ruhland, Carver	9	Gehlen Catholic	19:57.06	25
29	Hoak, Owen	10	Sioux City East	20:09.45	26
30	Henn, Levi	9	Siouxland	20:10.93	27

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31	Sassman, Caleb	11	Sioux City East	20:20.22	28
32	Fuentes, Juan	10	Sioux City East	20:27.02	29
33	Staab, Brett	9	Mmc-Ru	20:38.99	
34	Sidwell, Brady	12	West Monona	20:43.90	30
35	Michaels, Hasten	10	Lawton Bronson	20:45.54	31
36	Miller, Travis	12	Hinton	20:57.49	32
37	Christiansen, Aiden	11	Hinton	21:06.40	33
38	Brannon, Sam	9	Siouxland	21:25.76	34
39	Hildreth, EJ	11	Whiting	21:38.12	35
40	Brinkman, Blake	12	Westwood	21:46.19	
41	Niles, Jordan		Elk Point-Jeff	21:48.87	36
42	Astidias, Preston	9	Mmc-Ru	21:52.96	
43	Frommelt, Dylan	12	Lawton Bronson	21:56.66	37
44	Schmit, Justin	12	Gehlen Catholic	22:01.47	38
45	Pedersen, Cade	12	Lawton Bronson	22:13.82	39
46	Pick, Colin	9	Mmc-Ru	22:18.59	
47	Campbell, Ryan	9	Sioux City East	22:29.55	40
48	Killian, Kade	11	Westwood	22:30.95	
49	Kaiser, Micah	11	Hinton	22:32.07	41
50	Vanden Bosch, Brody	10	Whiting	22:33.75	42
51	Harsma, Jackson	10	Siouxland	22:34.96	43
52	Grage, Gunnar	9	Mmc-Ru	22:36.15	
53	Christensen, Landon	12	Whiting	22:39.97	44
54	Melton, Reuben	9	West Monona	22:58.17	45
55	Hennings, Dillon	12	Lawton Bronson	22:58.47	46
56	Heiss, Nick	11	Lawton Bronson	23:12.64	47
57	Henn, Isaac	11	Siouxland	23:32.00	48

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Junior Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Sioux City East	33	1	5	6	10	11	12	18	2:04:47.80	24:57.56
2	Sgt Bluff	49	2	7	8	15	17	19	21	2:08:12.80	25:38.56
3	Woodbury Cent-KP	63	3	4	14	20	22	24		2:11:42.99	26:20.60
4	Sioux City North	86	9	13	16	23	25	26	27	2:18:42.72	27:44.55

Junior Varsity Girls Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Lewis, Alee	12	Sioux City East	23:29.24	1
2	Becker, Michele	11	Sgt. Bluff-Luto	23:40.16	2
3	Widman, Gracia	11	Woodbury Cent-KP	23:46.66	3
4	Stark, Joey		Elk Point Jefferson	24:25.99	
5	Hannah, Skylar	11	Woodbury Cent-KP	24:45.47	4
6	Breyfogle, Hannah	12	Sioux City East	24:46.01	5
7	Heald, Lydia	10	Sioux City East	25:08.98	6
8	Streck, Ashley	9	Sgt. Bluff-Luto	25:12.24	7
9	Rodriguez, Daniela	9	Sgt. Bluff-Luto	25:13.25	8
10	Estrada, Samantha	12	Sioux City North	25:20.53	9
11	Edwards, Trinity	10	Sioux City East	25:22.00	10
12	Smith, Grace	9	Sioux City East	26:01.57	11
13	Rihova, Sarka	11	Sioux City East	26:06.50	12
14	Ring, Rachel	10	Siouxland Christian	26:32.26	
15	Rodriguez, Lady	9	Sioux City North	26:32.86	13
16	Robbins, Sadie	11	Woodbury Cent-KP	26:46.01	14
17	McHugh-Hoskins, Riley	10	Sgt. Bluff-Luto	26:46.34	15
18	Walz, Emma	10	Sioux City North	27:00.92	16
19	Geddes, Delaney	9	Hinton	27:08.73	
20	Widjaja, Abby	11	Sgt. Bluff-Luto	27:20.81	17
21	Hogan, Abby	11	Sioux City East	27:31.76	18
22	Benson, Sophie	11	Sioux City East	27:33.83	
23	Fehl, Alexis	9	Sgt. Bluff-Luto	27:41.76	19
24	Ofert, Lillian	9	Woodbury Cent-KP	27:51.89	20
25	Ritz, Addison	9	Sgt. Bluff-Luto	28:04.38	21
26	Harvey, Brooke	11	Woodbury Cent-KP	28:32.96	22
27	McElmeel, Kylie	10	Sioux City North	28:37.52	23
28	Rosebaum, Hailey	9	Hinton	28:55.61	
29	Henzie, Emily		Elk Point Jefferson	29:03.77	
30	Gallagher, Sally	12	Woodbury Cent-KP	29:24.83	24
31	Ebert, Lauren	10	Hinton	29:25.19	
32	Skatges, Felisa	9	Sgt. Bluff-Luto	29:48.19	
33	Havener, Karley	9	Hinton	30:03.70	
34	Brodie, Sydney	10	Sgt. Bluff-Luto	31:10.49	
35	Medina-Lopez, Stephany	11	Sioux City North	31:10.89	25
36	Fraze, Haley	10	Sioux City East	31:26.41	

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37	Mosqueda, Jazmin	11	Sioux City North	31:31.93	26
38	Robinson, Emma		Elk Point Jefferson	31:55.67	
39	Green, Chloe	11	West Harrison	31:56.76	
40	Fillipi, Victoria	12	Lawton Bronson	32:02.08	
41	Olson, Rachael	9	West Harrison	32:42.13	
42	Keuck, Julietta	12	Sioux City East	32:47.01	
43	Cliff, Marissa	10	Sioux City East	35:16.99	
44	Colt, Alicen		Elk Point Jefferson	35:17.20	
45	Nordstrom, Liberty	10	Sioux City North	35:51.34	27
46	Vance, Amber	12	Lawton Bronson	36:53.08	

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Junior Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Sioux City North	28	1	3	7	8	9	13	16	1:37:58.12	19:35.63
2	Sioux City East	37	2	4	5	12	14	15	18	1:39:49.94	19:57.99
3	Sgt Bluff	63	6	10	11	17	19	20	21	1:44:44.29	20:56.86

Junior Varsity Boys Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Gomez, Jovani	12	Sioux City North	18:50.11	1
2	Burge, Ethan	10	Sioux City East	18:55.39	2
3	Gutierrez, Jose	9	Sioux City North	18:56.59	3
4	Roberts, Clayton	11	Sioux City East	19:11.99	4
5	Vanderloo, Carter	10	Sioux City East	19:25.31	5
6	Hutt, Noah	12	Whiting	19:33.10	
7	Murphy, Max	12	Sgt. Bluff-Luto	19:35.70	6
8	Gleeson, Alex	11	Sioux City North	19:58.06	7
9	Wooldridge, Jeffrey	9	Sioux City North	20:01.84	8
10	Karisa, Dave	12	Sioux City North	20:11.52	9
11	Bryan, Isaac	10	Sgt. Bluff-Luto	20:29.70	10
12	Greigg, Steven	11	Hinton	20:42.35	
13	Healy, Austin	10	Sgt. Bluff-Luto	20:44.33	11
14	Burkhart, Noah	9	Sioux City East	21:03.41	12
15	Rea, Dawson	10	Sioux City North	21:07.60	13
16	Lopez, Angel	10	Sioux City East	21:13.84	14
17	Vanderveen, Brandon	11	Sioux City East	21:15.39	15
18	Greenwell, Liam	10	Sioux City North	21:28.60	16
19	Lohr, Matt	10	Sioux City North	21:31.05	
20	Freiberg, Austin	11	Sgt. Bluff-Luto	21:34.44	17
21	Chhet, Aydin	9	Sioux City East	21:35.67	18
22	Andre, Brenden	10	Sioux City East	21:59.82	
23	Barnes, Collin	9	Sioux City East	22:06.72	
24	Christensen, Lorcan	10	Sioux City North	22:14.19	
25	Shaputis, Ben	10	Sioux City East	22:18.05	
26	Schaap, Ethan	10	Sgt. Bluff-Luto	22:20.12	19
27	Pace, Draven	9	Sioux City North	22:38.35	
28	Counterman, Matt	9	Sioux City East	22:40.77	
29	Dirksen, Emmet	10	Sgt. Bluff-Luto	22:43.42	20
30	Scott, Nic	9	Sgt. Bluff-Luto	22:43.67	21
31	Krysl, Jacob	9	Sioux City North	22:56.92	
32	McGrory, Garrett	10	Sioux City North	23:17.30	
33	White, Brayden	12	Sioux City East	23:17.47	
34	Dillavou, Jherek	11	Sgt. Bluff-Luto	23:23.91	
35	Thelander, Ben	11	Lawton Bronson	23:24.61	
36	Martin, Caleb	9	Sioux City East	23:33.73	
37	Luu, Andy	10	Sioux City North	23:43.88	

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38	Gill, Cade	12	Sgt. Bluff-Luto	23:49.00
39	Blake, James	10	Sgt. Bluff-Luto	23:49.20
40	Nelson, Gavin	9	Hinton	24:06.23
41	Braunschweig, Tyson	9	Lawton Bronson	24:10.94
42	Dirks, Brayden	9	Mmc-Ru	24:30.62
43	Hibbs, Colton	9	Sioux City East	24:45.80
44	Miller, Elias	11	Sioux City North	24:48.06
45	Ramos-Perez, Neftali	11	Sioux City North	24:48.77
46	Weis, Joe		Elk Point Jefferson	25:03.53
47	Haider, Mickey	9	Sgt. Bluff-Luto	25:18.49
48	Stellish, Kenny	10	Sioux City North	25:26.22
49	Delperdang, Xander	9	Sioux City North	25:48.04
50	Loreth, Hunter	9	Lawton Bronson	25:51.02
51	Greenwell, Quintin	11	Sioux City North	25:55.06
52	Hueser, Tanner	11	Sgt. Bluff-Luto	26:07.58
53	Keleher, Ashton	9	Sioux City North	26:19.44
54	Kempf, Canon		Elk Point Jefferson	26:21.07
55	Bates, Cody	10	Sioux City East	26:24.14
56	Cross, Joe		Elk Point Jefferson	26:28.56
57	Garmann, Hendrik	10	Mmc-Ru	26:42.80
58	Reed, Lewis	9	Mvaocou	27:48.82
59	Laws, Kane	11	Sioux City North	28:08.68
60	Weaver, James	9	Mvaocou	29:16.88
61	Heisterkamp, Garrett	11	West Monona	29:26.78
62	Pflanz, Colin	9	Sioux City North	29:29.27
63	Bertrand, Carter	9	Sioux City North	29:42.69
64	Vera, Anthony	11	Gehlen Catholic	31:10.00
65	West, Victor	11	Sioux City North	31:10.74
66	Hoefling, Brodie	10	Lawton Bronson	34:45.58