

11th Ames XC Invite Varsity Girls - 4km**ISU Course - Ames, Iowa****Sept. 17, 2009**

70s for MS and 60s for HS

Results by Cal Murdock

[MS Girls](#)[MS Boys](#)[JV Girls](#)[JV Boys](#)[Var. Girls](#)[Var. Boys](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

PLACE	TEAM	POINTS	PLACES OF FINISHERS								AVG. TIME	SPREAD
1	Ames	32	1	5	6	7	13	15	18		16:23	1:37
2	Ankeny	33	2	4	8	9	10	11	12		16:23	1:08
3	Southeast Polk	90	14	16	19	20	21	22	23		17:30	39
4	Nevada	95	3	17	24	25	26	27			17:45	2:56

[Individuals](#)

1. Ames

1	Courtney Martin, So	15:35	6:16
5	Ellen Hansen, Sr	16:22	6:35
6	Annie Block, Sr	16:24	6:36
7	Bryanna Behning, Sr	16:24	6:36
13	Martha Ryan, So	17:11	6:55
15	Kynsie Vosberg, Sr	17:14	6:56
18	Brooke Schweikert, Jr	17:22	6:59

Time = 1:21:55 Places = 32

2. Ankeny

2	Taylor Lang, So	15:42	6:19
4	Katie Stych, So	16:18	6:33
8	Alex Nissen-Pickard, So	16:28	6:37
9	Emily Roberts, Sr	16:39	6:42
10	Emily Glanz, So	16:50	6:46
11	Brooke Long, So	16:53	6:47
12	Emma Sandifer, Fr	16:55	6:48

Time = 1:21:55 Places = 33

3. Southeast Polk

14	Haley Ruden, Jr	17:13	6:55
16	Hannah Olson, So	17:15	6:56
19	Kelly Cole, So	17:24	7:00
20	Ashley Armantrout, So	17:44	7:08
21	Megan White, So	17:51	7:11
22	Natalie Potts, Fr	17:53	7:11
23	Allison Rogers, So	17:58	7:13

Time = 1:27:26 Places = 90

4. Nevada

3	Steph Markey, Sr	16:06	6:28
17	Tarah Davis, Fr	17:17	6:57
24	Brittney Kruschwitz, Jr	18:04	7:16
25	Laura Alt, So	18:16	7:21
26	Hiedi Will, Fr	19:02	7:39
27	Maddie Henry, Fr	19:07	7:41

Time = 1:28:43 Places = 95

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PLACE	SCORE	FINISHER	TIME	PACE	TEAM
1	1	Courtney Martin, So	15:35	6:16	Ames
2	2	Taylor Lang, So	15:42	6:19	Ankeny
3	3	Steph Markey, Sr	16:06	6:28	Nevada
4	4	Katie Stych, So	16:18	6:33	Ankeny
5	5	Ellen Hansen, Sr	16:22	6:35	Ames
6	6	Annie Block, Sr	16:24	6:36	Ames
7	7	Bryanna Behning, Sr	16:24	6:36	Ames
8	8	Alex Nissen-Pickard, So	16:28	6:37	Ankeny
9	9	Emily Roberts, Sr	16:39	6:42	Ankeny
10	10	Emily Glanz, So	16:50	6:46	Ankeny
11	11	Brooke Long, So	16:53	6:47	Ankeny
12	12	Emma Sandifer, Fr	16:55	6:48	Ankeny
13	13	Martha Ryan, So	17:11	6:55	Ames
14	14	Haley Ruden, Jr	17:13	6:55	Southeast Polk
15	15	Kynsie Vosberg, Sr	17:14	6:56	Ames
16	16	Hannah Olson, So	17:15	6:56	Southeast Polk
17	17	Tarah Davis, Fr	17:17	6:57	Nevada
18	18	Brooke Schweikert, Jr	17:22	6:59	Ames
Pace: 7:00 Top		19 19 Kelly Cole, So	17:24	7:00	Southeast Polk
20	20	Ashley Armantrout, So	17:44	7:08	Southeast Polk
21	21	Megan White, So	17:51	7:11	Southeast Polk
22	22	Natalie Potts, Fr	17:53	7:11	Southeast Polk
23	23	Allison Rogers, So	17:58	7:13	Southeast Polk
24	24	Brittney Kruschwitz, Jr	18:04	7:16	Nevada
25	25	Laura Alt, So	18:16	7:21	Nevada
26	26	Hiedi Will, Fr	19:02	7:39	Nevada
27	27	Maddie Henry, Fr	19:07	7:41	Nevada

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