

9th Ames XC Invite Varsity Girls 4km**ISU XC Course****Sept. 13, 2007**

60s, windy, overcast

Results by Cal Murdock

[MS Girls](#)
[MS boys](#)
[F/S Girls](#)
[F/S Boys](#)
[JV Girls](#)
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[Var.Girls](#)
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Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

PLACE	TEAM	POINTS	PLACES OF FINISHERS								AVG. TIME	SPREAD
1	Dowling Catholic	25	1	2	5	6	11	13	28	15:16	2:14	
2	Ames	37	3	7	8	9	10	21	24	15:54	56	
3*	Waukee	87	4	14	16	26	27	30	39	16:23	1:39	
4*	C R Kennedy	87	12	15	17	18	25	33	40	16:30	36	
5	S E Polk	137	19	20	29	34	35	36	38	17:10	1:10	
6	Boone	162	22	23	31	41	45	47	48	17:45	2:50	
7	Forest City	201	32	37	42	44	46	49	55	18:34	2:19	
8	D M East	249	43	50	51	52	53	54	56	21:07	3:06	

Individuals

1. Dowling Catholic

1	Katie Flood, So	13:56	5:36
2	Ashlie Decker, So	15:00	6:02
5	Betsy Flood, Sr	15:20	6:10
6	Kayla Weier, Jr	15:52	6:23
11	Heather Tobias, So	16:10	6:30
13	Chrissie Sarcone, Sr	16:14	6:32
28	Kary Lacy, Sr	17:00	6:50

Time = 1:16:16 Places = 25

2. Ames

3	Laura Gehring, Sr	15:12	6:07
7	Rebecca Miller, Jr	16:00	6:26
8	Ellen Hansen, So	16:04	6:28
9	Bryanna Behning, So	16:04	6:28
10	Sofiya Hupalo, Sr	16:08	6:29
21	Janessa Delaney, Sr	16:42	6:43
24	Sarah Pesch, Jr	16:47	6:45

Time = 1:19:27 Places = 37

3*. Waukee

4	Colette Gnade, Jr	15:18	6:09
14	Sammy Fegen, So	16:19	6:34
16	Claire Johannesen, Jr	16:30	6:38
26	Ashley Wink, Jr	16:50	6:46
27	Brittany Angell, Sr	16:57	6:49
30	Paige Evans, Jr	17:03	6:51
39	Brianna Hunzeker, Jr	18:11	7:18

Time = 1:21:52 Places = 87

4*. C R Kennedy

12	Nicole Erickson, Sr	16:13	6:31
15	Rachel Bardsley, Jr	16:20	6:34
17	Val Steinmetz, Sr	16:33	6:39

18	Jennifer Smith, Fr	16:35	6:40
25	Deserea Hughes, Jr	16:49	6:46
33	Allison Koch, Fr	17:40	7:06
40	Olivia Palmer, Jr	18:12	7:19

Time = 1:22:28 Places = 87

5. S E Polk

19	Alicia Cole, So	16:36	6:41
20	Ashley Rogers, Sr	16:39	6:42
29	Jenny McElree, Sr	17:02	6:51
34	Brett Timmins, Fr	17:46	7:09
35	Haley Ruden, Fr	17:46	7:09
36	Molly Potts, So	17:54	7:12
38	Taylor Johnson, Fr	18:00	7:14

Time = 1:25:47 Places = 137

6. Boone

22	Emily Tripp, Sr	16:43	6:43
23	Natasha Swanson, Fr	16:46	6:45
31	Brianna Boehm, So	17:05	6:52
41	Desarae Dalton, So	18:39	7:30
45	Mackenna Slight, Fr	19:32	7:51
47	Hanna McCubbin, So	19:48	7:58
48	Melissa White, Fr	19:51	7:59

Time = 1:28:43 Places = 162

7. Forest City

32	Becca Sullivan, Jr	17:23	6:59
37	Amy Kafer, Jr	17:56	7:13
42	McKenzie Reece, Jr	18:40	7:30
44	Jasa Tegland, Sr	19:07	7:41
46	Jannie Fimland, Sr	19:42	7:55
49	Erika Withers, Fr	21:07	8:29
55	Sarah Keely, Jr	22:01	8:51

Time = 1:32:46 Places = 201

8. D M East

43	Pa Vang, Jr	18:48	7:33
50	Kinsey Channon, Fr	21:20	8:35
51	Stephanie Janssens, Jr	21:43	8:44
52	Ariel Jetty, Jr	21:52	8:48
53	Julieann Drake, Jr	21:54	8:48
54	Caitlyn Schuler, So	21:56	8:49
56	Sarah Lown, Sr	22:31	9:03

Time = 1:45:35 Places = 249

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TEAM						
PLACE	SCORE	FINISHER		TIME	PACE	TEAM
1	1	Katie Flood, So		13:56	5:36	Dowling Catholic
Pace: 6:00 7:00 8:00 9:00 Top						
2	2	Ashlie Decker, So		15:00	6:02	Dowling Catholic
3	3	Laura Gehring, Sr		15:12	6:07	Ames
4	4	Colette Gnade, Jr		15:18	6:09	Waukee
5	5	Betsy Flood, Sr		15:20	6:10	Dowling Catholic
6	6	Kayla Weier, Jr		15:52	6:23	Dowling Catholic
7	7	Rebecca Miller, Jr		16:00	6:26	Ames
8	8	Ellen Hansen, So		16:04	6:28	Ames
9	9	Bryanna Behning, So		16:04	6:28	Ames
10	10	Sofiya Hupalo, Sr		16:08	6:29	Ames
11	11	Heather Tobias, So		16:10	6:30	Dowling Catholic
12	12	Nicole Erickson, Sr		16:13	6:31	C R Kennedy
13	13	Chrissie Sarcone, Sr		16:14	6:32	Dowling Catholic

14	14	Sammy Fegen, So	16:19	6:34	Waukee
15	15	Rachel Bardsley, Jr	16:20	6:34	C R Kennedy
16	16	Claire Johannesen, Jr	16:30	6:38	Waukee
17	17	Val Steinmetz, Sr	16:33	6:39	C R Kennedy
18	18	Jennifer Smith, Fr	16:35	6:40	C R Kennedy
19	19	Alicia Cole, So	16:36	6:41	S E Polk
20	20	Ashley Rogers, Sr	16:39	6:42	S E Polk
21	21	Janessa Delaney, Sr	16:42	6:43	Ames
22	22	Emily Tripp, Sr	16:43	6:43	Boone
23	23	Natasha Swanson, Fr	16:46	6:45	Boone
24	24	Sarah Pesch, Jr	16:47	6:45	Ames
25	25	Deserea Hughes, Jr	16:49	6:46	C R Kennedy
26	26	Ashley Wink, Jr	16:50	6:46	Waukee
27	27	Brittany Angell, Sr	16:57	6:49	Waukee
28	28	Kary Lacy, Sr	17:00	6:50	Dowling Catholic
29	29	Jenny McElree, Sr	17:02	6:51	S E Polk
30	30	Paige Evans, Jr	17:03	6:51	Waukee
31	31	Brianna Boehm, So	17:05	6:52	Boone
32	32	Becca Sullivan, Jr	17:23	6:59	Forest City

Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [Top](#)

33	33	Allison Koch, Fr	17:40	7:06	C R Kennedy
34	34	Brett Timmins, Fr	17:46	7:09	S E Polk
35	35	Haley Ruden, Fr	17:46	7:09	S E Polk
36	36	Molly Potts, So	17:54	7:12	S E Polk
37	37	Amy Kafer, Jr	17:56	7:13	Forest City
38	38	Taylor Johnson, Fr	18:00	7:14	S E Polk
39	39	Brianna Hunzeker, Jr	18:11	7:18	Waukee
40	40	Olivia Palmer, Jr	18:12	7:19	C R Kennedy
41	41	Desarae Dalton, So	18:39	7:30	Boone
42	42	McKenzie Reece, Jr	18:40	7:30	Forest City
43	43	Pa Vang, Jr	18:48	7:33	D M East
44	44	Jasa Tegland, Sr	19:07	7:41	Forest City
45	45	Mackenna Slight, Fr	19:32	7:51	Boone
46	46	Jannie Fimland, Sr	19:42	7:55	Forest City
47	47	Hanna McCubbin, So	19:48	7:58	Boone
48	48	Melissa White, Fr	19:51	7:59	Boone

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49	49	Erika Withers, Fr	21:07	8:29	Forest City
50	50	Kinsey Channon, Fr	21:20	8:35	D M East
51	51	Stephanie Janssens, Jr	21:43	8:44	D M East
52	52	Ariel Jetty, Jr	21:52	8:48	D M East
53	53	Julieann Drake, Jr	21:54	8:48	D M East
54	54	Caitlyn Schuler, So	21:56	8:49	D M East
55	55	Sarah Keely, Jr	22:01	8:51	Forest City

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56	56	Sarah Lown, Sr	22:31	9:03	D M East
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