

45th Annual Turkey Trot
Thanksgiving Day Road Race
Iowa's oldest road race

Date: Thursday, November 26th, 2009
Place: Iowa State Fairgrounds, Des Moines, Iowa
There are no restrooms available at the Fairgrounds.
Time: 9:30 a.m.
Sponsor: Housby, The Mixer Group
Host: Davis and Sandy Eidahl
Contributor: Fitness Sports, Des Moines, Iowa
Races: 5 mile run: 2 mile run: 2 mile race walk: Half mile Dog
run or walk
Awards: Trophy to overall winner in five and two mile. Pumpkin
pies to the top three in each age group. Medals to top 20
males and females in each age group: 13-under, 14-18, 19-
29, 30- 39, 40-49, 50-59, 60-69, 70-over.

No age groups awards for walk or dog run

Entry fee: \$15 before Nov. 21st \$20 after and race day
\$7 without shirt \$10 without shirt after Nov. 21st

Shirts: 100% cotton long sleeve T shirts.

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Send entry form to Davis Eidahl, Box 209, Richland, Iowa 52585
E mail - eidahl@iowatelecom.net phone - 319-456-6111

Name _____ Age _____

Address _____

Town _____ St _____ zip _____

M_F _____ T shirt size _____

Race to enter _____