



**1st Annual  
Pony Hollow Trail  
15K Run  
November 16<sup>th</sup>, 2019  
Located in Elkader, IA**

Make checks out to Clayton County Conservation  
Mail check and registration form to:  
Clayton County Conservation  
29862 Osborne Rd.  
Elkader, IA 52043

**Entry Fees**

\$35 before Oct 25<sup>th</sup> --- guarantees a long-sleeve performance shirt  
\$45 after Oct 25<sup>th</sup> to race day --- no shirt guarantee

**Divisions**

Under 18  
19-29  
30-39  
40-49  
50-59  
60 over

**Awards**

Trophy to 1<sup>st</sup> in each division, male and female

Name: \_\_\_\_\_

Sex: \_\_\_\_\_ Age: \_\_\_\_\_ Home/Cell #: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Email: \_\_\_\_\_

Shirt Size (adult): XS S M L XL (circle one) \*\*Cannot guarantee shirt if registering after Oct 25<sup>th</sup>

Release and waiver of liability: I, the undersigned, in consideration of the opportunity to participate and the acceptance of my entry in this event, intending to be legally bound, do hereby, on behalf of myself, my heirs and legal personal representatives, release waive and forever discharge any and all claims for injuries and damages to my person or property, including any and all claims for such injuries and damages resulting from negligent acts or conduct, and including any and all causes of action relating thereto, which might have or shall ever have against the Clayton County Conservation, its affiliates, officers, board members, representatives for any and all injuries and damages which I may sustain in this event. I further state that I have sufficiently trained for and that I'm in proper physical condition to participate in this event. I further grant authorization for the free use of my name and/or advertisements of or publicity, or other media accounts pertaining to this event.

Participants signature: \_\_\_\_\_ Date: \_\_\_\_\_