

5th Nippy Hippy 5k

Altoona, IA

Nov. 4, 2017

40s and Cloudy

Results by Cal Murdock

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

Last updated Nov. 4, 2017 2:00 PM

CLASS				
PLACE	PLACE	FINISHER	TIME	PACE
1	1 JrM	Elijah Hanson, 16, Altoona, IA	19:46	6:21
2	2 JrM	Chandler Schrock, 17	20:09	6:29
3	3 JrM	Lucas George, 15	20:15	6:31
4	4 JrM	Evan Wilson, 16, Altoona, IA	20:16	6:31
5	5 JrM	Alex Wilson, 14, Altoona, IA	20:35	6:37
1	1 JrW	Magda McGowan, 14*, Pleasant Hill, IA	21:19	6:52
6	1 M40	Matt Rasmussen, 42, Denison, IA	21:34	6:56
7	2 M40	Luke Spenser, 47	21:37	6:57
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
8	6 JrM	Nathan Gladwyn-Nash, 14, Altoona, IA	22:43	7:19
9	3 M40	Alan Grau, 49, Ankeny, IA	22:51	7:21
10	7 JrM	Zach Person, 16, Altoona, IA	23:02	7:25
11	4 M40	Jeff Eisentrager, 47, Altoona, IA	23:07	7:26
12	1 M50	Joe Elder, 50	24:11	7:47
2	2 JrW	Sydney Milani, 18*	24:39	7:56
3	3 JrW	Tarryn Hill, 15*, Pleasant Hill, IA	24:39	7:56
4	4 JrW	Paige Blackford, 16*	24:41	7:57
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
13	5 M40	David Rees, 41	24:56	8:01

14	1 M30	Brian Davis, 37	25:27	8:11
15	8 JrM	Joey George, 15	25:59	8:22
16	9 JrM	Christopher Billups, 11	26:03	8:23
17	2 M30	Toran Billups, 34	26:25	8:30
18	1 M20	Tanner Duer, 26, Altoona, IA	26:27	8:31
5	1 W40	Avril Elsberry, 44*, Ogden, IA	26:33	8:32
19	6 M40	Chad Fields, 40, Altoona, IA	26:36	8:33
20	10 JrM	Dillon McGuire, 10, Altoona, IA	26:59	8:41
21	7 M40	Jeff Mayer, 47, Altoona, IA	27:09	8:44
22	11 JrM	Jordan Goodhue, 16, Altoona, IA	27:35	8:53
6	5 JrW	Cassidy Dilks, 17*	27:37	8:53
7	6 JrW	Allison Schafer, 17*, Altoona, IA	27:37	8:53
8	7 JrW	Irina Madan, 17*	27:53	8:58
9	1 W30	Stephanie Mortenson, 35*, Windsor Heights, IA	27:54	8:59

Pace: [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [15:00](#) | [16:00](#) | [Top](#)

10	2 W30	Nicole Aldrich, 31*, Altoona, IA	27:58	9:00
11	3 W30	Kelly Murley, 38*, Bondurant, IA	28:01	9:01
12	4 W30	Nicole Johnson, 35*, Bondurant, IA	28:23	9:08
13	2 W40	Emily Eisentrager, 42*, Altoona, IA	28:29	9:10
14	5 W30	Lisa Butler, 33*	28:38	9:13
15	6 W30	Brooke Shelquist, 31*, Runnells, IA	28:43	9:15
16	8 JrW	Rylee Lehman, 12*	29:13	9:24
17	7 W30	Nina Amato, 35*	29:28	9:29
23	3 M30	Rich Patrick, 36	29:29	9:29
18	9 JrW	Lydia Ives, 9*, Pleasant Hill, IA	29:58	9:38
19	8 W30	Amanda Ives, 36*, Pleasant Hill, IA	29:58	9:39
24	4 M30	Luke Sieleman, 37	30:23	9:47
20	1 W20	Elizbaeth Sieleman, 23*, Council Bluffs, IA	30:31	9:49

Pace: [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [15:00](#) | [16:00](#) | [Top](#)

21	9 W30	Heather Day, 33*, Altoona, IA	31:14	10:03
25	5 M30	Sarah Darr, 34	31:14	10:03
22	10 W30	Heather Schumacher, 37*	31:20	10:05
23	3 W40	Kelli Holman, 41*	31:25	10:06
26	2 M50	Don Holman, 50, Altoona, IA	31:25	10:07
24	11 W30	Stacy Good, 34*	31:35	10:10
25	2 W20	Dawn Stam, 29*, Altoona, IA	31:39	10:11
26	4 W40	Laura Boatwright, 40*, Altoona, IA	31:48	10:14
27	12 JrM	Ben Schrock, 15	32:03	10:19
28	13 JrM	Shane Williams, 15	32:06	10:20
29		Mark Peterson	32:09	10:21
27	3 W20	Cara Lobaito, 29*, Altoona, IA	32:16	10:23
28	10 JrW	Riley Lonsdale, 19*	32:26	10:26
30	3 M50	Jeffrey Bakeris, 53	32:45	10:32
31	6 M30	Jeff Essink, 39	32:45	10:32
29	4 W20	Sara Cortesio, 29*, Altoona, IA	32:50	10:34
30	5 W20	Stacey Newton, 25*	32:50	10:34
32	7 M30	Brendan Cortesio, 31	32:52	10:35
31	1 W50	Debbie Pierce, 50*, Carlisle, IA	32:59	10:37
32	11 JrW	Kennedy Varisco, 17*, Altoona, IA	33:00	10:37
33	14 JrM	Tj Armstrong, 16, Runnells, IA	33:03	10:38
33	12 W30	Shelene Billups, 33*, Bondurant, IA	33:07	10:39
34	5 W40	Kara Lindsey, 41*, Pleasant Hill, IA	33:08	10:40
35	13 W30	Stephanie Gray, 36*	33:08	10:40
36	14 W30	Tara Moro, 36*	33:09	10:40
34	8 M40	Stuart Gray, 41	33:09	10:40
37	1 W60	Connie Dellaca-Hill, 60*, Bondurant, IA	33:15	10:42
35	1 M60	Jim Dunn, 70, Altoona, IA	33:24	10:45
36	15 JrM	Logan Franck, 17	33:26	10:45
38	15 W30	Emily Frank, 32*	33:28	10:46
39	16 W30	Dr Nicole Brummel, 33*	33:30	10:47

40	17 W30	Angela Jones, 39*	33:31	10:47
41	18 W30	Shannon Green, 33*	33:31	10:47
42	19 W30	Megan Schumacher, 36*	33:31	10:47
37	4 M50	Gregoty Webb, 52, Des Moines, IA	33:38	10:49
43	6 W40	Reesa Stanely, 45*, Altoona, IA	33:50	10:53
38	9 M40	Erik Komers, 43, Winterset, IA	33:53	10:54
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
44	7 W40	Deb Martin, 48*, Altoona, IA	34:19	11:02
39	10 M40	John Davis, 45, Altoona, IA	34:24	11:04
45	12 JrW	Katie Davis, 14*	34:25	11:04
40	16 JrM	Bradley Hughes, 5, Bondurant, IA	34:35	11:08
46	8 W40	Rosalyn Lehman, 40*, Pleasant Hill, IA	34:44	11:10
47	6 W20	Bethany Dorin, 28*, Pleasant Hill, IA	34:48	11:12
41	11 M40	Dana Lacquement, 41	35:02	11:16
42	17 JrM	Seth Williams, 13	35:11	11:19
48	9 W40	Brigid Ernst, 42*, Altoona, IA	35:11	11:19
43	12 M40	Dan Zimmerman, 41, West Des Moines, IA	35:13	11:20
44	13 M40	Barry Hartman, 43	35:25	11:24
49	10 W40	Regina Davis, 43*, Ankeny, IA	35:46	11:30
50	11 W40	Jenny Gray, 43*, Ankeny, IA	35:46	11:31
51	12 W40	Candee Morrison, 45*, Ankeny, IA	35:46	11:31
52	20 W30	Stephanie Anderson, 31*	35:54	11:33
53	7 W20	Molly Brandhorst, 29*	35:54	11:33
45	2 M60	Davis Eidahl, 76, Richland, IA	36:05	11:37
54	13 W40	Cindi McClure, 40*	36:19	11:41
46	14 M40	Cory Shook, 43	36:24	11:43
55	14 W40	Christine Franck, 49*, Altoona, IA	36:26	11:43
56	21 W30	Jennifer Townes, 37*, Bondurant, IA	36:32	11:45
47	15 M40	Steve McClure, 44	37:11	11:58
57	15 W40	Leslie Morris, 41*, Pleasant Hill, IA	37:13	11:59
48	18 JrM	Jayden Johnson, 11	37:15	11:59

58	22 W30	Corinne Elscott, 38*, Altoona, IA	37:16	11:59
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
59	13 JrW	Shelby Schrock, 11*	37:20	12:01
60	16 W40	Jessie Schrock, 47*, Altoona, IA	37:21	12:01
61	23 W30	Amanda McGuire, 31*, Altoona, IA	37:22	12:02
62	24 W30	Loral Rainey, 32*, Altoona, IA	37:42	12:08
63	8 W20	Kristen Ingle, 28*	37:42	12:08
64	17 W40	Tina Byal, 44*	37:43	12:08
65	9 W20	Dana Drummond, 26*	37:43	12:08
66	2 W50	Theresa Bringleson, 51*, Des Moines, IA	37:48	12:10
67	14 JrW	Emma Kottlowski, 15*	37:59	12:13
68	18 W40	Joann Kottlowski, 45*	38:18	12:19
49	8 M30	Kyle Williams, 37	38:20	12:20
69	19 W40	Julie Rees, 44*	38:23	12:21
70	3 W50	Carol Conway, 53*, Altoona, IA	38:53	12:31
71	4 W50	Lori Guillen, 53*	39:38	12:45
72	2 W60	Roxie Page, 62*, Pleasant Hill, IA	39:38	12:45
73	20 W40	Kendra Mills, 40*, Pleasant Hill, IA	39:46	12:48
50	3 M60	Brad Fousek, 62, Altoona, IA	39:50	12:49
74	25 W30	Vickie Moss, 34*, Des Moines, IA	39:51	12:49
75	21 W40	Rachelle Spencer, 44*, Des Moines, IA	39:51	12:49
76	26 W30	Kelli Nielson, 34*	40:01	12:53
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
51	19 JrM	Michael Cole, 9, Altoona, IA	40:23	13:00
52	9 M30	Jon Morrill, 35, Pleasant Hill, IA	41:19	13:18
77	5 W50	Laura Adams, 55*, Pleasant Hill, IA	41:49	13:27
78	27 W30	Kristen Hanson, 34*, Des Moines, IA	42:04	13:32
79	28 W30	Kristina Sndyer, 36*, Ankeny, IA	42:18	13:37
53	20 JrM	Connor Welsh, 16, Altoona, IA	42:21	13:38
54	4 M60	Steven Cole, 60	42:35	13:42
80	29 W30	Kathryn Christensen, 38*	42:53	13:48

55	16 M40	Brian Christensen, 41, Denison, IA	43:02	13:51
81	30 W30	Amanda Winkel, 31*	43:03	13:51
82	6 W50	Marcia Morales, 53*	43:07	13:53
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
83	31 W30	Lisa Maas, 36*	43:32	14:00
56		Addison Mortice	44:02	14:10
84	15 JrW	Kenadi Johnson, 13*	44:03	14:10
57	21 JrM	Benjamin Essink, 11	44:57	14:28
85	16 JrW	Kaity Essink, 14*	45:06	14:31
86	22 W40	Bridget Williams, 42*, Des Moines, IA	45:06	14:31
58	17 M40	Travis Schooley, 46, Des Moines, IA	45:07	14:31
59	5 M50	Denny Ryan, 56, Urbandale, IA	45:26	14:37
87	32 W30	Jessi Wrigley, 38*, Altoona, IA	45:40	14:42
60	18 M40	Tadd Niemann, 49, Des Moines, IA	45:40	14:42
61	6 M50	Brian Shepherd, 58, Altoona, IA	45:44	14:43
62	7 M50	Doug Watson, 55, Altoona, IA	46:16	14:53
88	7 W50	Rhonda Gillette, 50*, Pleasant Hill, IA	46:17	14:54
89	8 W50	Kay Thomson, 50*, Pleasant Hill, IA	46:31	14:58
63	22 JrM	Taylor Floyd, 9, Altoona, IA	46:31	14:58
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
64	23 JrM	Henry Beattie, 7	46:39	15:01
65		Matt Beattie	46:43	15:02
90		Tana Beattie*	46:44	15:02
66	19 M40	Chris Floyd, 43, Altoona, IA	46:44	15:02
67	24 JrM	Jonas Floyd, 10, Altoona, IA	46:46	15:03
91	33 W30	Ashley Weatherman, 31*, Altoona, IA	46:52	15:05
92	9 W50	Deb Conwell-Cole, 52*, Altoona, IA	47:54	15:25
93	10 W50	Cynde Shepherd, 53*	47:55	15:25
94	23 W40	Lori Waters, 49*, Altoona, IA	47:56	15:26
95	17 JrW	Kaitlyn Kottlowski, 18*, Indianola, IA	47:56	15:26
96	18 JrW	Kate Furr, 18*	48:30	15:36

97	10 W20	Kaysie Cordero, 20*	48:30	15:37
68	25 JrM	Logan Hughes, 5, Bondurant, IA	48:31	15:37
98	34 W30	Abigail Hughes, 31*, Bondurant, IA	49:33	15:57
99	24 W40	Janet Johnson, 49*	49:35	15:57
69	8 M50	Mark Johnson, 50, Pleasant Hill, IA	49:35	15:57
100	35 W30	Misty Gerbig, 34*	49:38	15:58
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
101	36 W30	Mandy Gerbig, 36*, Altoona, IA	51:12	16:29
102	11 W20	Sabrina Richardson, 28*	51:13	16:29
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
103	12 W20	Shelby Baumgarten, 27*	54:13	17:27
104	25 W40	Nikki Williams, 40*, Altoona, IA	54:15	17:27
105	37 W30	Nicole Essink, 37*	54:22	17:30
106	19 JrW	Kate Rainey, 18*	54:37	17:34
107	20 JrW	Ellen Swain, 11*	54:38	17:35
108	38 W30	Krissi Luna, 37*	54:45	17:37
109	21 JrW	Nicole Dietzenbach, 16*	54:59	17:42
110	22 JrW	Jaclyn Foster, 16*	54:59	17:42
111	23 JrW	Cailey Watts, 15*	54:59	17:42
112	11 W50	Jenifer Mondry, 50*, Bondurant, IA	55:16	17:47
113	3 W60	Marilyn Gruver, 69*, Altoona, IA	55:22	17:49
114	12 W50	Kristi Fitch, 52*, Altoona, IA	55:22	17:49
115	26 W40	Stacy Roberts, 41*, Altoona, IA	55:27	17:51
116	27 W40	Diana Hall, 43*, Altoona, IA	55:27	17:51
117	39 W30	Kari Osborne, 39*	55:32	17:52
118	4 W60	Deborah Comer, 62*, Waukee, IA	55:32	17:52
119	13 W50	Melinda Rowland, 55*, Knoxville, IA	55:39	17:55
70	9 M50	Todd Rowland, 52	55:40	17:55
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
120	28 W40	Jenny Person, 49*	55:57	18:00
121	14 W50	Diane White, 58*	55:58	18:01
122	15 W50	Kris May, 50*	55:59	18:01

123	29 W40	Liz Mayer, 49*, Altoona, IA	56:45	18:16
124	16 W50	Donnell Vance, 55*, Altoona, IA	56:45	18:16
125	24 JrW	Haley Miller, 9*	56:57	18:20
126	5 W60	Bev Schmeling, 62*, Altoona, IA	56:57	18:20
127	17 W50	Dawn Gee, 54*, Des Moines, IA	57:13	18:25
128	18 W50	Karen Middleton, 55*, Altoona, IA	57:14	18:25
129	19 W50	Christy Schuling, 58*	57:15	18:25
130	13 W20	Amanda Rovner, 24*, Altoona, IA	57:18	18:26
131	30 W40	Kris Rovner, 49*	57:19	18:27
132	31 W40	Jen Zajicek, 46*, Pleasant Hill, IA	57:31	18:30
133	32 W40	Kelly Thompson, 44*	57:31	18:31
71	20 M40	Tim Burnett, 49	57:33	18:31
72	21 M40	Erwin Martin, 49	57:34	18:31
134	33 W40	Misti Linn, 47*, Ankeny, IA	58:04	18:41
135	25 JrW	Emma Linn, 15*	58:04	18:41
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
136	34 W40	Julie Watts, 43*	59:32	19:09
137	35 W40	Kristy Dietzenbach, 41*, Des Moines, IA	59:32	19:10
138	36 W40	Paula Stoskopf, 49*	59:32	19:10
139	20 W50	Brenda Hardy, 57*, Des Moines, IA	59:41	19:12
140	21 W50	Lisa Sheehy, 50*	59:41	19:13
73		Colby Burt	59:46	19:14
141	14 W20	Brittany Trainor, 26*	59:47	19:14
142	40 W30	Nicole McCaffery, 33*	59:47	19:14
74	2 M20	Lloyd Williams, 25	59:49	19:15
143	41 W30	Monica Curl, 31*	59:53	19:16
144	37 W40	Michelle Cole, 46*, Altoona, IA	59:56	19:17
75	3 M20	Joseph Robbins, 20	59:57	19:18
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
76	10 M30	Rory Tegtmeier, 30	1:03:59	20:36
145	22 W50	Sherri Wilson, 58*, Altoona, IA	1:04:01	20:36

146	15 W20	Hannah Long, 24*	1:04:02	20:36
147	26 JrW	Abby Robasse, 14*	1:04:44	20:50
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
148	38 W40	Jennifer Zindel, 41*, Altoona, IA	1:07:04	21:35
77	26 JrM	Wyatt DeFont, 6, Bondurant, IA	1:07:17	21:39
78	27 JrM	Colton DeFont, Sr, Bondurant, IA	1:07:20	21:40
149	42 W30	Stephanie DeFont, 33*, Bondurant, IA	1:07:23	21:41
79	11 M30	Keith DeFont, 34, Bondurant, IA	1:07:26	21:42
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
80	12 M30	Stewart Schuman, 30	1:08:53	22:10
150	16 W20	Brittany Harmison, 26*	1:08:57	22:11
151	17 W20	Kurstin Cordero, 28*	1:09:55	22:30
81	13 M30	Jacob Sudbrock, 32	1:09:57	22:31
82	22 M40	Michael Reese, 40, Altoona, IA	1:10:13	22:36
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
152	39 W40	Sarah Reese, 42*	1:12:48	23:26
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
83	23 M40	Layton Saylor, 42	1:30:28	29:07
84	14 M30	Doug Thompson, 33	1:30:46	29:13

* indicates females

4 finishers among Males (no age given)

27 finishers among Men Under 20

3 finishers among Men 20 - 29

14 finishers among Men 30 - 39

23 finishers among Men 40 - 49

9 finishers among Men 50 - 59

4 finishers among Men 60 & Up

26 finishers among Women Under 20

17 finishers among Women 20 - 29

42 finishers among Women 30 - 39

39 finishers among Women 40 - 49

22 finishers among Women 50 - 59

5 finishers among Women 60 & Up

1 finishers among Females (no age given)

84 male finishers

152 female finishers

236 total finishers

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