



Friendly Sons of St. Patrick 10 km

West Des Moines, IA

April 3, 2016

68 degrees, sunny, wind 21 mph

Results by Michael Franke

[5K results here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

10 km

Last updated April 3, 2016 3:00 PM

PLACE	CLASS	FINISHER	TIME	PACE
PLACE	PLACE			
1	1 M40	Kevin Barnes, 44, Indianola, IA	37:18	6:00
2	1 M30	Nathan Wenck, 38, Carroll, IA	38:00	6:07
3	1 M20	Alban Crook, 25, Des Moines, IA	38:15	6:09
4	2 M40	Lance Bergeson, 47, Ankeny, IA	39:22	6:20
5	3 M40	Terry Kruse, 48, Clive, IA	41:12	6:38
6	2 M20	Logan Marvin, 23, Johnston, IA	41:47	6:43
7	1 M60	Willie Lahart, 62, Urbandale, IA	41:53	6:44
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
8	4 M40	Kevin Tiffany, 40, Des Moines, IA	44:05	7:06
9	5 M40	Brian Stewart, 44, Waukee, IA	45:09	7:16
10	6 M40	Michael Gaunt, 46, West Des Moines, IA	45:56	7:24
11	1 JrM	Louden Foster, 13, Stuart, IA	46:16	7:27
12	7 M40	Jon Rallen, 43, Johnston, IA	46:21	7:28
1	1 W40	Amy Sue Alesch, 40*, Des Moines, IA	46:43	7:31
2	1 W30	Kristi York, 36*, West Des Moines, IA	46:44	7:31
13	8 M40	Jon Murphy, 45, Des Moines, IA	46:50	7:32
14	9 M40	Ej Bender, 49, Urbandale, IA	47:14	7:36
3	2 W40	Rachel Hoger, 41*, Johnston, IA	47:23	7:37
15	2 M30	Daryl Miller, 36, Des Moines, IA	47:48	7:42
4	3 W40	Annika Veeder, 44*, Des Moines, IA	47:54	7:42
16	1 M50	Caseyt Showalter, 55, Altoona, IA	48:11	7:45
17	3 M30	Cory Briggs, 34, West Des Moines, IA	48:34	7:49
18	4 M30	Andy Briggs, 35, Urbandale, IA	48:34	7:49
19	2 M50	Duke Reichardt, 57, Clive, IA	48:39	7:50
5	2 W30	Missy Henry, 36*, Des Moines, IA	48:57	7:53
20	10 M40	Warren Hoelscher, 44, Ankeny, IA	49:05	7:54
21	11 M40	Karl Overton, 48, Des Moines, IA	49:24	7:57
22	3 M50	David Desing, 53, Urbandale, IA	49:32	7:58
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top				
6	4 W40	Ginge Miller, 45*, Ankeny, IA	49:42	8:00
7	1 JrW	Amelia Leshner, 15*, Cambridge, IA	50:05	8:04
23	5 M30	Matt Jackson, 39, Des Moines, IA	50:28	8:07
24	12 M40	Philip Behrends, 43, West Des Moines, IA	50:43	8:10
25	2 M60	Mike May, 69, Indianola, IA	50:57	8:12

26	6	M30	Brian Kilbride, 39, Des Moines, IA	51:18	8:15
27	7	M30	Matthew Corbett, 39, Grimes, IA	51:50	8:20
28	3	M20	Brian Frick, 25, Des Moines, IA	51:57	8:21
8	5	W40	Donna Gaunt, 47*, West Des Moines, IA	52:06	8:23
9	6	W40	Mary Ducar, 46*, Ankeny, IA	52:09	8:24
10	1	W20	Tessa Johnson, 26*, West Des Moines, IA	52:12	8:24
11	3	W30	Jamilee Noble, 31*, Johnston, IA	52:14	8:24
29	3	M60	Paul Ruggle, 61, Newton, IA	52:21	8:25
30	8	M30	Tim Rypma, 36, Des Moines, IA	52:30	8:27
12	2	JrW	Emily Leonhart, 17*, Urbandale, IA	52:44	8:29
31	9	M30	Jay Weiser, 34, Nevada, IA	52:44	8:29
32	4	M50	Joe Akers, 50, Grimes, IA	53:16	8:34
33	1	M70	John Schneller, 72, West Des Moines, IA	53:42	8:39
34	5	M50	Scott Bandy, 51, Omaha, NE	53:47	8:39
35	6	M50	Michael Boyle, 55, Ankeny, IA	54:09	8:43
36	13	M40	Mike Ham, 45, Winterset, IA	54:25	8:45
13	7	W40	Beth McDonald, 43*, Prole, IA	54:29	8:46
14	8	W40	Michelle Vincent, 42*, Slater, IA	54:31	8:46
37	4	M60	Mark Stelmacher, 62, West Des Moines, IA	54:38	8:47
15	9	W40	Kim Stewart, 47*, Des Moines, IA	54:39	8:48
38	14	M40	John Harris, 46, Ankeny, IA	54:59	8:51
39	15	M40	Mark Gatrel, 47, Waukee, IA	55:00	8:51
16	4	W30	Mariam Hager, 38*, Urbandale, IA	55:39	8:57
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top					

40	7	M50	Michael Perry, 50, West Des Moines, IA	56:43	9:08
17	5	W30	Amy Bossard, 33*, Ankeny, IA	56:55	9:09
41	5	M60	Philip Hodges, 68, Ames, IA	57:00	9:10
18	6	W30	Jenna Hogan, 35*, Des Moines, IA	57:20	9:13
19	7	W30	Mary Cownie, 35*, West Des Moines, IA	57:20	9:14
20	10	W40	Jeanette Harvey, 40*, Des Moines, IA	59:05	9:30
42	8	M50	James Arthur, 51, Pleasant Hill, IA	59:15	9:32
21	1	W50	Julia Tentinger, 51*, Norwalk, IA	59:32	9:35
43	16	M40	Aaron Baack, 42, Altoona, IA	59:47	9:37
22	2	W50	Vicki Bott, 51*, Des Moines, IA	59:48	9:37
23	3	W50	Susan Eggert, 51*, Clive, IA	1:00:20	9:42
44	17	M40	Joe Hansen, 40, Des Moines, IA	1:00:38	9:45
45	18	M40	David John, 40, Des Moines, IA	1:00:39	9:45
46	6	M60	Patrick Moriarity, 60, Carlisle, IA	1:00:42	9:46
24	8	W30	Dorothy Hecht, 38*, Altoona, IA	1:00:49	9:47
25	9	W30	Christine Crow, 36*, Des Moines, IA	1:00:54	9:48
26	4	W50	Tara Murphy, 50*, Des Moines, IA	1:01:00	9:49
27	10	W30	Kristin Vance, 34*, Ankeny, IA	1:01:03	9:49
47	19	M40	Michael McTaggart, 40, Des Moines, IA	1:01:35	9:54
28	1	W60	Paula Dierenfeld, 61*, Johnston, IA	1:01:58	9:58
29	11	W40	Karen Chicken, 48*, Waukee, IA	1:01:59	9:58
30	12	W40	Traci Thomas, 46*, Indianola, IA	1:01:59	9:58
31	13	W40	Tina Kissell-erickson, 40*, West des moines, IA	1:02:01	9:59
32	2	W60	Julia Batten, 60*, Carlisle, IA	1:02:04	9:59
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top					

33	14	W40	Rabecca Jones, 44*, Des Moines, IA	1:03:01	10:08
48	9	M50	Mike Stanley, 58, Clive, IA	1:03:07	10:09
49	2	JrM	Riley McElroy, 12, West Des Moines, IA	1:03:22	10:12
34	11	W30	Jenelle Ausborn, 36*, Polk City, IA	1:03:29	10:13
50	20	M40	Eric Conrad, 45, Des Moines, IA	1:03:33	10:14
35	15	W40	Tracy Leshner, 44*, Cambridge, IA	1:03:55	10:17
51	21	M40	Joshua Anderson, 43, Des Moines, IA	1:04:35	10:24
52	22	M40	Brian Vance, 46, Ankeny, IA	1:04:55	10:27
36	3	JrW	Hanna Chambers, 17*, Urbandale, IA	1:05:04	10:28
37	4	JrW	Lizzie Eppink, 18*, Urbandale, IA	1:05:04	10:28
53	10	M30	Tony Bigger, 36, West Des Moines, IA	1:05:11	10:29
38	16	W40	Kristen Kaser, 42*, West Des Moines, IA	1:05:12	10:29
54	23	M40	Dan McElroy, 43, West Des Moines, IA	1:05:26	10:32

39	17	W40	Julie Hahn, 45*, Des Moines, IA	1:06:21	10:41
55	11	M30	Justin Frerichs, 35, Johnston, IA	1:07:31	10:52
56	10	M50	Joel Plathe, 55, West Des Moines, IA	1:07:46	10:54
40	18	W40	Amy Wenthe, 41*, Carlisle, IA	1:08:14	10:59
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top					
41	3	W60	Joyce Burch, 60*, Pella, IA	1:08:18	11:00
42	5	W50	Maureen Vanmeter, 54*, Clive, IA	1:08:47	11:04
43	12	W30	Tara Bogner, 35*, West Des Moines, IA	1:09:13	11:08
44	13	W30	Jenna Irving, 30*, Urbandale, IA	1:09:27	11:11
45	2	W20	Emma Dunn, 22*, Ames, IA	1:11:22	11:29
46	6	W50	Deb Dunne, 53*, Ames, IA	1:11:22	11:29
47	14	W30	Lisa Walters, 36*, West Des Moines, IA	1:11:38	11:32
48	15	W30	Kristine Chung, 34*, Des Moines, IA	1:11:42	11:32
57	7	M60	Conroy Smith, 61, Des Moines, IA	1:12:29	11:40
49	7	W50	Colleen Myhre, 51*, Ankeny, IA	1:13:57	11:54
50	8	W50	Martha Owen, 51*, West Des Moines, IA	1:14:22	11:58
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top					
51	9	W50	Kim Weber, 55*, West Des Moines, IA	1:17:00	12:23
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top					
52	19	W40	Robyn Swartz, 49*, Waukee, IA	1:23:24	13:25
53	4	W60	Melanie Lahart, 67*, Urbandale, IA	1:23:27	13:26
54	16	W30	Jenny Chung, 36*, Johnston, IA	1:23:29	13:26
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 Top					
58	2	M70	Hummer Brown, 76, Des Moines, IA	1:42:27	16:29
* indicates females					
2 finishers among Men Under 20					
3 finishers among Men 20 - 29					
11 finishers among Men 30 - 39					
23 finishers among Men 40 - 49					
10 finishers among Men 50 - 59					
7 finishers among Men 60 - 69					
2 finishers among Men 70 & Up					
4 finishers among Women Under 20					
2 finishers among Women 20 - 29					
16 finishers among Women 30 - 39					
19 finishers among Women 40 - 49					
9 finishers among Women 50 - 59					
4 finishers among Women 60 - 69					
58 male finishers					
54 female finishers					
112 total finishers					

PLACE	CLASS	FINISHER	TIME	PACE
Men Under 20				
11	1	Louden Foster, 13, Stuart, IA	46:16	7:27
49	2	Riley McElroy, 12, West Des Moines, IA	1:03:22	10:12
Men 20 - 29				
3	1	Alban Crook, 25, Des Moines, IA	38:15	6:09
6	2	Logan Marvin, 23, Johnston, IA	41:47	6:43
28	3	Brian Frick, 25, Des Moines, IA	51:57	8:21
Men 30 - 39				
2	1	Nathan Wenck, 38, Carroll, IA	38:00	6:07
15	2	Daryl Miller, 36, Des Moines, IA	47:48	7:42
17	3	Cory Briggs, 34, West Des Moines, IA	48:34	7:49
Men 40 - 49				

1	1	Kevin Barnes, 44, Indianola, IA	37:18	6:00
4	2	Lance Bergeson, 47, Ankeny, IA	39:22	6:20
5	3	Terry Kruse, 48, Clive, IA	41:12	6:38
Men 50 - 59				
16	1	Caseyt Showalter, 55, Altoona, IA	48:11	7:45
19	2	Duke Reichardt, 57, Clive, IA	48:39	7:50
22	3	David Desing, 53, Urbandale, IA	49:32	7:58
Men 60 - 69				
7	1	Willie Lahart, 62, Urbandale, IA	41:53	6:44
25	2	Mike May, 69, Indianola, IA	50:57	8:12
29	3	Paul Ruggle, 61, Newton, IA	52:21	8:25
Men 70 & Up				
33	1	John Schneller, 72, West Des Moines, IA	53:42	8:39
58	2	Hummer Brown, 76, Des Moines, IA	1:42:27	16:29
CLASS PLACE PLACE FINISHER TIME PACE				
Women Under 20				
7	1	Amelia Leshar, 15, Cambridge, IA	50:05	8:04
12	2	Emily Leonhart, 17, Urbandale, IA	52:44	8:29
36	3	Hanna Chambers, 17, Urbandale, IA	1:05:04	10:28
Women 20 - 29				
10	1	Tessa Johnson, 26, West Des Moines, IA	52:12	8:24
45	2	Emma Dunn, 22, Ames, IA	1:11:22	11:29
Women 30 - 39				
2	1	Kristi York, 36, West Des Moines, IA	46:44	7:31
5	2	Missy Henry, 36, Des Moines, IA	48:57	7:53
11	3	Jamilee Noble, 31, Johnston, IA	52:14	8:24
Women 40 - 49				
1	1	Amy Sue Alesch, 40, Des Moines, IA	46:43	7:31
3	2	Rachel Hoger, 41, Johnston, IA	47:23	7:37
4	3	Annika Veeder, 44, Des Moines, IA	47:54	7:42
Women 50 - 59				
21	1	Julia Tentinger, 51, Norwalk, IA	59:32	9:35
22	2	Vicki Bott, 51, Des Moines, IA	59:48	9:37
23	3	Susan Eggert, 51, Clive, IA	1:00:20	9:42
Women 60 - 69				
28	1	Paula Dierenfeld, 61, Johnston, IA	1:01:58	9:58
32	2	Julia Batten, 60, Carlisle, IA	1:02:04	9:59
41	3	Joyce Burch, 60, Pella, IA	1:08:18	11:00

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