



Category Results

Gender Results

All Results

Advanced

Click on your name to see detailed results, to print a finishers certificate, view finisher video or to post your results to your Facebook page or Twitter.

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Fav	Pos	Race No	Share	Name	Time	Net Time	Category	Cat Pos	Age	Gender	Gen Pos	City	State	Pace
★	1	117	Twitter Facebook Print Video	Ryan Blank	20:10.4	20:08.1	Overall	1	41	Male	1	W Des Moines	IA	6:29
★	2	33	Twitter Facebook Print Video	Brett Gibson	21:34.8	21:29.6	1519	1	18	Male	2	Grinnell	IA	6:56
★	3	4	Twitter Facebook Print Video	Quentin Billings	22:43.8	22:42.3	1519	2	16	Male	3	Des Moines	IA	7:18
★	4	56	Twitter Facebook Print Video	Owen Michael	23:03.3	23:02.0	1114	1	14	Male	4	Earlham	IA	7:25
★	5	81	Twitter Facebook Print Video	Justin Schmitz	23:36.7	23:33.3	2029	1	20	Male	5	Nevada	IA	7:36
★	6	38	Twitter Facebook Print Video	Matt Havermale	23:54.8	23:47.6	2029	2	28	Male	6	West Des Moines	IA	7:41
★	7	113	Twitter Facebook Print Video	Patrick Mccammon	24:03.3	23:50.8	4049	1	42	Male	7	Johnston	IA	7:44
★	8	78	Twitter Facebook Print Video	Douglas Ruba	24:03.5	23:54.8	3039	1	37	Male	8	West Des Moines	IA	7:44
★	9	95	Twitter Facebook Print Video	Alyssa Tucker	24:27.2	24:25.9	Overall	1	12	Female	1	Pleasant Hill	IA	7:52
★	10	109	Twitter Facebook Print Video	Cody Saville	24:53.9	24:50.7	2029	3	29	Male	9	West Des Moines	IA	8:00
★	11	86	Twitter Facebook Print Video	John Small	25:01.6	24:55.9	3039	2	30	Male	10	Urbandale	IA	8:03
★	12	112	Twitter Facebook Print Video	John Jackovin	25:08.3	24:56.9	4049	2	45	Male	11	Johnston	IA	8:05
★	13	58	Twitter Facebook Print Video	Scott Miller	25:41.3	25:38.8	5059	1	56	Male	12	Urbandale	IA	8:16
★	14	5	Twitter Facebook Print Video	Kelsey Boal	26:10.8	26:05.2	1519	1	18	Female	2	West Des Moines	IA	8:25
★	15	68	Twitter Facebook Print Video	Tayler Ott	26:22.7	26:09.0	1519	3	16	Male	13	Indianola	IA	8:29
★	16	83	Twitter Facebook Print Video	John Seals	26:58.2	26:45.4	4049	3	49	Male	14	West Des Moines	IA	8:40
★	17	17	Twitter Facebook Print Video	Drew Clausen	27:10.7	26:51.9	1114	1	11	Female	3	Rochester	MN	8:44
★	18	19	Twitter Facebook Print Video	Bryan Clausen	27:11.2	26:52.4	4049	4	42	Male	15	Rochester	MN	8:45
★	19	73	Twitter Facebook Print Video	Luke Pottebaum	27:30.7	27:21.0	1519	4	17	Male	16	West Des Moines	IA	8:51
★	20	45	Twitter Facebook Print Video	Elissa Juhnke	27:31.9	27:00.9	2029	1	29	Female	4	Little Canada	MN	8:51
★	21	39	Twitter Facebook Print Video	Brandi Hegstrom	27:45.1	27:36.6	3039	1	39	Female	5	Remsen	IA	8:55
★	22	6	Twitter Facebook Print Video	Emily Bowman	27:54.6	27:23.5	2029	2	29	Female	6	Ankeny	IA	8:59
★	23	46	Twitter Facebook Print Video	Michael Kasal	27:57.1	27:49.6	4049	5	42	Male	17	West Des Moines	IA	8:59
★	24	80	Twitter Facebook Print Video	Josh Schmitz	28:05.4	28:01.4	2029	4	23	Male	18	Milwaukee	WI	9:02
★	25	93	Twitter Facebook Print Video	Carter Trewet	28:05.6	28:02.4	2029	5	26	Male	19	West Des Moines	IA	9:02
★	26	79	Twitter Facebook Print Video	Max Schmitz	28:05.6	28:02.7	0110	1	9	Male	20	Nevada	IA	9:02
★	27	25	Twitter Facebook Print Video	Mark Dephillips	28:20.3	28:10.6	4049	6	45	Male	21	Ankeny	IA	9:07
★	28	50	Twitter Facebook Print Video	Marisa Lageveen	28:21.4	28:15.4	2029	3	27	Female	7	West Des Moines	IA	9:07
★	29	65	Twitter Facebook Print Video	Linda Olson	28:42.6	28:40.7	5059	1	53	Female	8	Ames	IA	9:14
★	30	43	Twitter Facebook Print Video	Mary Jackovin-Bates	29:01.5	28:49.5	4049	1	46	Female	9	Clive	IA	9:20
★	31	52	Twitter Facebook Print Video	Jeremy Lauridsen	29:05.3	28:33.6	3039	3	30	Male	22	Urbandale	IA	9:21
★	32	66	Twitter Facebook Print Video	Lisa Olson	29:28.1	29:22.8	3039	2	35	Female	10	Waukesha	WI	9:29
★	33	51	Twitter Facebook Print Video	Jeff Lauridsen	29:37.9	29:04.9	3039	4	32	Male	23	Des Moines	IA	9:32
★	34	76	Twitter Facebook Print Video	Angela Rider	29:42.4	29:39.9	5059	2	51	Female	11	Des Moines	IA	9:33
★	35	84	Twitter Facebook Print Video	Aaron Sheeler	30:37.3	30:33.7	4049	7	43	Male	24	Waukee	IA	9:51
★	36	92	Twitter Facebook Print Video	Micah Thompson	30:50.7	30:45.2	3039	5	36	Male	25	Grimes	IA	9:55
★	37	91	Twitter Facebook Print Video	Mikayla Thompson	30:51.3	30:46.1	3039	3	30	Female	12	Grimes	IA	9:55
★	38	62	Twitter Facebook Print Video	Ben Nelson	31:14.2	31:02.3	4049	8	44	Male	26	West Des Moines	IA	10:03

7/25/22, 5:33 PM

5k Run-Walk to Break the Silence on Ovarian Cancer

★	39	114	 	Patty Mccammon	31:16.7	31:04.5	4049	2	41	Female	13	Johnston	IA	10:04
★	40	67	 	Breanna Ott	31:30.3	31:16.3	1114	2	14	Female	14	Indianola	IA	10:08
★	41	11	 	Kristi Dawn Brokaw	31:33.3	31:16.8	2029	4	28	Female	15	Grimes	IA	10:09
★	42	7	 	Ellen Branham	31:33.7	31:17.1	6098	1	60	Female	16	Riverside	IA	10:09
★	43	90	 	Nicole Tenges	32:16.3	32:01.9	4049	3	41	Female	17	Indianola	IA	10:23
★	44	89	 	Bree Tenges	32:20.0	32:06.1	1114	3	14	Female	18	Indianola	IA	10:24
★	45	35	 	Andy Happ	32:23.4	32:18.4	3039	6	39	Male	27	Polk City	IA	10:25
★	46	37	 	Pam Harned	32:48.4	32:37.5	3039	4	39	Female	19	Urbandale	IA	10:33
★	47	53	 	Bekha Lauridsen	32:48.4	32:16.5	3039	5	30	Female	20	Des Moines	IA	10:33
★	48	72	 	Beth Pottebaum	33:02.6	32:52.7	4049	4	48	Female	21	West Des Moines	IA	10:38
★	49	116	 	Holly Mcilroy	33:02.7	32:51.9	4049	5	48	Female	22	Des Moines	IA	10:38
★	50	27	 	Ed Dieleman	33:39.9	33:24.8	6098	1	74	Male	28	Ankeny	IA	10:50

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Be sure to Register for the Hp Ho Ho Run for the Holidays!