

TRAINING SHOES

Codes; C= cushion, S= stability, MC= motion control
School team member prices! (\$15-\$35 off Retail)

Nike Lunar/Air	Team Price
Flyknit Lunar 3, Ultimate -	\$120
Lunar Odyssey, Ultimate stability.	\$120
Zoom Vomero, top cushion trainer.	\$105
LunarTempo 2, light neutral trainer	\$80
Zoom Elite 8, light, performance trnr.	\$95
Lunar Glide 7, stability cush trainer.	\$100
Zoom Structure 19, mileage stability trnr.	\$100
Zoom Pegasus 32 Print, solid cush, value.	\$100
Zoom Pegasus 32, New, solid cush, value.	\$90
Free Run Distance, first Free for running dist.	\$100
Free 5.0, training tool for foot strength	\$90
Free 4.0 Flyknit training tool for foot strngth	\$100
Asics - Gel	
Gel Quantum 360, durable trainer.	\$140
Gel Kayano 22, top cush/stability trnr.	\$130
Gel Nimbus, top of line cushion.	\$120
Gel GT 3000 4, top of line stability.	\$105
Gel GT 2000 4, High mile stability. trnr.	\$100
Gel DS Trainer 21, perf. stability. trnr.	\$100
Gel Cumulus 17, cushion shoe.	\$100
Gel GT 1000-4, normal arch, stability. trnr.	\$80
Gel Pursue, stability. trnr.	\$80
New Balance - Absorb	
NB 1260v5, very cushioned, support.	\$120
NB 990v3, top of line stabile cush.	\$125
NB 1080v6, Fresh Foam, top of line cush.	\$120
NB 940v2, control, very stable.	\$100
NB 840v3, cushioned stability.	\$100
NB 860v6, New, very cushioned stability.	\$100
NB 880v5, neutral cushion.	\$95
NB Boracay, low drop, perform trainer.	\$100
NB Zante, Fresh Foam low drop, light trainer.	\$85
Mizuno - Wave	Team Price
Wave Enigma 5, cushioned stability	\$120
Wave Paradox 2, max support cntrl	\$110
Wave Sayonara 3, light performance trnr.	\$90
Wave Inspire 12, new, stability trainer.	\$100
Wave Rider 19, great cushioning and stable.	\$100

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adidas - Boost	
Ultra Boost ST, Top stability & cushion.	\$150
Energy Boost 3 ESM, ultimate cush. tech.	\$130
AdiZero Boston 5, Boost, light performance.	\$100
AdiZero Tempo 8, Boost, light perf. control.	\$100
Supernova Glide 8, Boost, great cush,	\$105
Supernova Sequence 8, Boost, stability.	\$105
Saucony - ProGrid	
Hurricane ISO 2, top stability trnr.	\$120
Triumph ISO 2, top cush shoe.	\$120
Zealot ISO, lo-drop, cush shoe.	\$105
Omni 14, support perform. trnr,	\$105
Guide 9, stability cush.	\$100
Ride 8, cush.durable.	\$100
Kinvara 7, ultra lite, lo-drop neutral trnr.	\$90
Brooks DNA	
Transcend 3, New ulti cushion with stability.	\$140
Glycerin 13, ultimate cushion shoe.	\$120
Adrenaline GTS 16, high mileage stabil. trnr.	\$100
Ravenna 7, mild stability perf. trnr.	\$100
Ghost 8, performance cushion shoe.	\$100
Dyad 8, high stability cushion shoe.	\$100
Pure Flow 5, minimal, low, performance.	\$90
Launch 3 high performance neutral trnr.	\$80
Hoka One One	
Conquest 2, cushion high mileage trainer	\$140
Stinson 3, made for the ultra-runner	\$130
Bondi 4, max cushion for the roads	\$120
Clifton 2, light performance trainer	\$
RACING FLATS	
Brand / model	Retail Ours
adiZero Adios Boost 3, most popular.	\$140 \$115
Asics DS Racer, any distance	\$110 \$90
Asics Gel Hyper Speed,	\$85 \$70
Brooks Neuro, New performance	\$130 \$105
Mizuno Wave Hitogami. racer/trainer	\$100 \$80
Hoka Huaka, Ultra cushion racer/trnr	\$150 \$100
Nike Lunar Racer	\$110 \$90
Nike Zoom Streak LT 3	\$75 \$60
Saucony Endorphin racer, LIGHT!	\$125 \$100
Saucony Type A, neutral racer,	\$100 \$80
Saucony Fastwitch, stability racer,	\$90 \$75

SPIKES

School team member prices! (\$10-\$35 off Retail)

adidas	Retail	Ours
Adizero Prime Accelerator, elite sprint	\$110	\$90
Adizero Prime Finesse, 100-400	\$110	\$90
Adizero MD 2, mid dist, 800 to 3200	\$110	\$90
Adizero Ambition, mid dist, 800 to 3200	\$90	\$75
Distancestar, value mid to distance.	\$65	\$55
Sprintstar, value sprint spike, 60 to 400 m	\$65	\$55

Asics

Information on models coming. Check with us.

Nike

Zoom Victory Elite, mid-dist. (800-5K)	\$180	\$145
Zoom Victory 2, mid-dist. (800-5000)	\$120	\$100
Zoom W4, women's specific mid-dist.	\$75	\$60
Zoom Rival MD 8, value multi-dicipline	\$65	\$55
Zoom JA Fly 2, power sprint shoe	\$125	\$100
Zoom Superfly R4, perf. sprint	\$120	\$100
Zoom Celar 5, cush for longer sprint	\$90	\$75
Zoom Maxcat 4, lightest sprint shoe	\$120	\$100
Zoom Rival S 8, value priced sprint	\$65	\$55
Zoom Matumbo 2, elite distance	\$120	\$100
Zoom Mamba 3, easy drain mid-distance	\$120	\$100
Zoom D 9, mid priced dist.	\$90	\$75
Zoom Rival D 9, value dist.	\$65	\$55

Saucony

Showdown, elite sprint	\$110	\$90
Spitfire, value priced sprint	\$65	\$55
Ballista, specialized mid-distance spike	\$110	\$90
Endorphin, lightest distance. 5000 - 10000	\$100	\$80
Vendetta, all purpose	\$65	\$55

Field Event Shoes

	HJ	LJ	TJ	S/P	D/H	PV
Adidas AdiZero	\$80	\$90	\$80	\$80	\$90	\$90
Asics Turbo/Hyper	\$70	\$70	\$55	\$55	\$55	\$70
New Balance	\$70	\$70		\$70	\$70	
Nike Zoom	\$100	\$90	\$100	\$75	\$90	\$100
Nike Rival				\$60	\$60	
Saucony	\$80	\$80	\$80	\$80	\$80	\$80

HJ-High Jump, LJ-

We've moved! See our new address!

See our full selection of Spikes at
www.fitnesssports.com/trackspikes.html

Close-out Shoes! Great Sale Prices

	Spikes	Retail	Ours
Zoom Superfly R3, top sprint spike		\$120	\$60
Zoom Maxcat 3, sprint to mid dist		\$120	\$60
Zoom Victory, light mid-distance		\$110	\$60
Zoom Celar 3, women's sprint		\$85	\$50
Adidas Trainers			
Adistar Sequence 7, ultimate stability		\$140	\$90
AdiZero Tempo 7, light stabity		\$100	\$65
AdiZero Boston 4, light performance		\$100	\$65
Supernova Glide 7, cushion		\$115	\$70
Adizero Adios 2, most pop. racer,		\$140	\$95
Asics Trainers			
Gel Kayano 21, top cushion trnr.		\$160	\$100
Gel Nimbus 17, top cushion trnr.		\$150	\$95
DS Trainer 20, light perf. stability		\$115	\$75
Gel Flux, cushion trnr.		\$100	\$50
Brooks Trainers			
Transcend 1 & 2, top stability trainer		\$160	\$90
Glycerin 12, top cushion trainer		\$150	\$95
Ghost 7, performance cushion trnr		\$120	\$80
Mizuno Trainers			
Wave Enigma 4, top cushion trainer		\$140	\$80
Wave Paradox, top support trainer		\$130	\$80
Wave Sayonara, light stability		\$110	\$75
Wave Inspire 11, stability trnr		\$120	\$80
New Balance Trainers			
M/W 1080v5, mileage support trainer		\$140	\$85
MW 890, lightest stability trainer		\$110	\$55
M/W 1400, racer/trainer		\$100	\$65
Nike Trainers			
Lunar Eclipse, stability. trnr.		\$130	\$85
Lunar Glide 5, stability. trnr.		\$110	\$75
Zoom Elite 7, performance trnr		\$110	\$55
Lunar Fly, light stability		\$90	\$50
Saucony Trainers			
Hurricane ISO, stability trainer		\$150	\$95
Triumph ISO, cush trainer		\$150	\$95
Guide 7, stability trainer		\$120	\$80
Mirage 4 & 5, light perf., stability		\$110	\$70
Kinvara 5, lightest cushion trnr		\$100	\$65

Coaches & Parents

Fitness Sports is a Specialty Running Store. We carry over 60 models each of men's and women's training shoes. In spikes and racing flats, we stock Nike, Adidas, Asics and Saucony.

After 30 plus years in the specialty running business, F.S. takes great pride in your many recommendations of our ability to help your athletes pick the right shoes for their needs. We do this based on their individual foot structure and running style as well as what they might think is in fashion. F.S. does not limit ourselves to only a few brands as we've found that no one company makes the perfect shoe for everyone.

We cannot force an athlete to buy what we recommend to them. We can alert them if we think they are buying the wrong shoes. We believe that is part of our responsibility. We won't refuse to make the sale. If we refuse to make the sale, they'll just buy it elsewhere.

Shoes are available that will fit most any size & budget. Included is a partial list of closeout shoes.

Tights, shorts, stopwatches, etc. sre always in stock year-round.

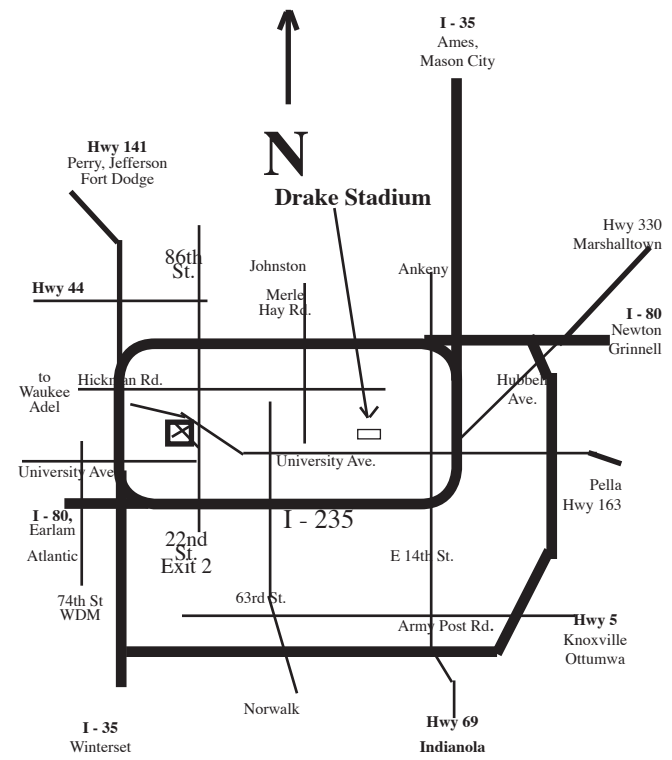
This price list can be downloaded from www.FitnessSports.com. Go to Coaches Info.

HOW TO PLACE AN ORDER

Coaches: Call us between 10:00 AM and 7:00 PM here at Fitness Sports. On weekdays we will ship in-stock shoes within 24 hrs..

Shipping via USPS Priority Mail is \$9 in Iowa, We will ship two or more pair via UPS to arrive the next day. Call for quote. during store hours as stated above. We accept Mastercard, Visa and Discover credit or debit cards. In- stock shoes will go out within 24 hrs.

**Take
I - 235 to Exit #2 in W.D.M.
and go north (left)
to Swanson Blvd.**



West Des Moines / Des Moines Area

Fitness Sports Ltd.
WE'RE RIGHT OFF THE FREEWAY
8810 Swanson Blvd.
 (Swanson Depot)
Clive, IA. 50325
Phone (515) 277-4785
IowaToll Free 800/529-7684
Fax (515) 277-3854
www.fitnessSports.com

Heart & Workout monitors

Get and keep your athletes in peak condition. Know when they are overtraining. Know when they are about to be sick. And finally, know when they need to rest. New models are even better values!

Polar, Tom Tom, Garmin

Garmin Forerunner 10 spd & dist,	\$79
Garmin Forerunner 15 above + activity	\$119
Garmin Forerunner 15 above + HR	\$149
Garmin Forerunner 25 above + activity	\$169
Garmin Forerunner 25 above + HR	\$199
FR 220 speed & dist. & coaching	\$169
FR 225 above + built in heartrate	\$249
FR 230 speed & dist., coaching, phone link	\$249
FR 230 HR above + heartrate	\$299
FR 235 above + built in heartrate	\$329
FR 630	\$529
FR 630 HR all above plus recovery	\$599
920XT w/o hr, sp & dst. trainer plus tri	\$449
910XHR all the above for multisports	\$499

Also Available;
Stopwatches, Uniforms.
 plus other accesories.

Remember; we've moved!
 See our New Address

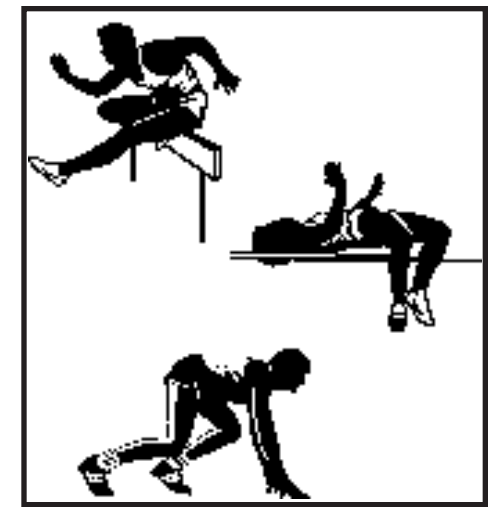
Fitness Sports

We've Moved one mile west!

8810 Swanson Blvd. Clive, IA.
 (Swanson Depot)

**Where you have the -
 Right to B -Fit**

**School & Team Member
 Price List - Spring 2016**



Prices good thru 5 - 1 - 16
**Stop by the Store
 and B - FIT.**
 (over 100 models of running shoes in stock!)

We're right off the I-235
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 see us at;
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