



Spring It On 5k Color Run/Walk

Saturday, April 7th, 2018 - 9 A.M. Gowrie, IA

Packet Pickup: 8 A.M. until 8:45 A.M. at the high school football field in Gowrie, IA

Early Packet Pickup: 4 P.M. till 6 P.M. at the high school on Friday, April 6th

Registration: \$15.00 per Southeast Valley student, \$20.00 per adult if entry is received on or before Tuesday, March 27th and \$25.00 per person if received after this date.

***You can sign up on the day of the race**

T-shirts: Participants will receive a t-shirt if signed up on or before March 27th, 2018

***T-shirts not guaranteed after this date**

Entry Form: Entry forms are also available online at www.fitnesssports.com and www.southeastvalley.org

Information: Contact Jaguar Leadership at jagleadership@svjags.org

Race Benefits Gowrie Golf Course Greens

Mail race entry and payment to Southeast Valley, 1005 Riddle St. Gowrie, IA 50543

Name: _____ **Age on April 7, 2018:** _____.

Phone: _____ **Gender(please circle) Male Female**

Shirt Size (please circle): Adult- S M L XL XXL Youth- M L

Waiver: In consideration of acceptance of this entry, I intend to be legally bound hereby, for myself, my heirs, executors, and administrators, waive and release any and all right or claim for damages I may have or that may hereafter accrue to me against all sponsors, supporters, and officials associated with the Spring It On 5K, their representatives, successors, and assigns for any injuries incurred by me during, because of, or in travels to or from the Spring It On 5K.

Signature: _____ **Date:** _____.

Parent Signature(if under 18): _____ **Date:** _____.

