

LIS—Panther Pride

*LIS is sponsoring their 10TH Annual 5K and 1 mile Fun Run/Walk,
with proceeds going to the LIS Special Projects Fund*

Date: Saturday, April 1st, 2017

Time: 5K and 1 mile Fun Run/Walk 5K starts at 9:00 a.m., 1 mile will start shortly after 5K

Registration: 7:30-8:30 a.m.

Course: Starting at LIS, the course will take a route that encircles the town of Williamsburg.

Entry Fee: \$25 (\$15 for 18 and under) if entry is postmarked on or before March 17th.

\$30 (\$20 for 18 and under) if postmarked after March 17th or on race day.

Race Day registrants not guaranteed a T-Shirt.

Age Divisions: 13 and under, 14-19, 20-29, 30-39, 40-49, 50-59, and 60 & over.

Refreshments: Refreshments will be provided after the race. Prizes will be awarded to the top male and female overall finishers, and to the top 3 male and 3 female finishers in each age bracket. Awards will be presented to the top 3 male and 3 female finishers in the Fun Run. All registered runners will be eligible for prize drawings after the race, but must be present to win.

MAIL REGISTRATION TO:

LIS RUN
Lutheran Interparish School
804 Court St. Box 750
Williamsburg, IA 52361

OR:

Online registration is available at
www.GetMeRegistered.com/LISPantherPride

Name _____ Phone _____

Address _____ City/State/Zip _____

Age on Race Day _____ Gender _____

Shirt Size (circle one): **YOUTH SIZES:** S MED LARGE

ADULT SIZES: S MED LARGE X-Large 2XL or larger \$2 more

RACE (CIRCLE ONE): 5K FUN RUN

Make check payable to: LIS

WAIVER: (must sign waiver to participate)

I do hereby absolve LIS, the city of Williamsburg, all race sponsors, volunteers, and all race officials, and organizers from all claims of damages, demands, actions, and courses of action whatsoever, in any manner arising or growing out of my participation in the LIS Panther Pride. I certify that I have prepared myself and that I am in adequate physical condition to participate in the event I have entered on April 1, 2017.

Signed _____ Date _____

Parent (if under 18) _____ Date _____

